SNI Meeting Minutes: Saturday April 2, 2022

SNI Mission Statement: "To welcome, inspire, strengthen and grow the fellowship of OA"

OPENING: The regular meeting of the Suburban North Intergroup (SNI) was held on Saturday, April 2, 2022, via Zoom. Chair Wanda C. opened the meeting at 10:04 am with the Serenity Prayer.

Present Were:

- Chair: Wanda C.
- Vice Chair: Carolyn S.
- Treasurer: Neal M.
- Recording Secretary: Laural R.
- Acting Corresponding Secretary: Maureen R. (Also, keeper of the Meeting and Sponsorship Lists.)

Intergroup Representatives (IRs):

- Sunday, 10 am Highland Park Hospital: Jennifer S.
- Monday, 6 pm St. Simons, Arlington Heights: Elisa R.
- Wednesday, 9:30 am St. Marcelline, Schaumburg: June L.
- Thursday, 12 pm Crystal Lake: Carol G.
- Friday, 9 am Holy Trinity, Elgin: Darlette P.
- Friday, 10 am St. Benedicts Abbey, Antioch: Susan M.
- Saturday, 8 am St. Lawrence Episcopal, Libertyville: Sue G.

Visitor:

- Region 5 Vice President: Deanna B.
- -Elisa R. read the 12 Steps; Jennifer S. read the 12 Traditions; Susan M. reflected on the Tradition of the Month (Tradition 4-Autonomy) and Maureen R. read the short version of the month's concept (Concept 4-Equality).
- -The Proposed Agenda had no additions and/or corrections.
- -Wanda C. read the Standing Rules, which were adopted.
- -The March 5, 2022 Minutes were approved.

REPORTS/ QUESTIONS/CLARIFICATIONS: Reports from the Designated Downloader, Chair, and Acting Corresponding Secretary (Meeting List) were sent out before the meeting. Updates and other reports are listed here:

Designated Downloader: (June L.)

WSO News Bulletin - March

https://4cbgp.r.ag.d.sendibm3.com/mk/mr/-

31eXU7IvIa09hiE708Z6nXQ6YevA4Lkl7ykddcNM6yrEoSWbr9AZcT2DYltnJvexdgeIB8Qb3iBrfpL_VwaSD2p Ksxmzsi8NCA9YXRL7Yutygjwx-jy1NcIF0YFdgz7EvVnMzrohQ

- + Update WSBC 2022: See Documents posted on WSBC web page https://oa.org/world-service-business-conference/
- *Tentative agenda https://oa.org/app/uploads/2022/03/tentative-conference-agenda-wsbc-2022-rev-mar-14.pdf
- *Agenda Questionnaire results https://oa.org/app/uploads/2022/03/agenda-questionnaire-final-results-wsbc-2022.pdf
- *2021 contributions report https://oa.org/app/uploads/2022/03/2021-end-of-year-contributions-report.pdf (SNI donations totaled \$4,879.76 with \$1,730.00 coming from SNI directly.)
- *Trustee applications https://oa.org/app/uploads/2022/03/trustee-applications-wsbc-2022.pdf (Region 5 Trustee Barb K. has submitted her application for reelection to the BOT. There will be vacancies on the BOT-Region 2, Region 10 and some general trustees. If you are interested and meet the qualifications, your application is due by April 8, 2022, and it must have a signature. If no one applies, the BOT will appoint OA members to fill these positions Note: Region 2 and Region 10 Trustees are not required to live in the region.)
- *The Twelve Traditions Workbook of Overeaters Anonymous: DRAFT Not for distribution (Please read through this new workbook. At the WSBC delegates will be asked to give an up or down vote for its adoption. If adopted, this new workbook will get the Conference Seal of Approval. Let Wanda C. know what you think. As our WSBC delegate, she will be casting her vote on our behalf.)
- + Reminder *Lifeline* returning as a blog! Send your recovery-focused story, digital painting, song, video or any other type of digital media for future publication; see contributor guidelines: https://oa.org/app/uploads/2022/01/contributor-guidelines-for-lifeline-stories-of-recovery-blog.pdf and story submission form: https://form.jotform.com/220035565825050
- + 2022 Annual Appeal letter to be circulated soon
- + Young people committee's letter offers suggestions & resources for carrying the message to those ages 18-30

https://oa.org/app/uploads/2022/03/young-peoples-letter-to-intergroups-service-boards-and-regions.pdf

Revised Service, Traditions, and Concepts Workshop Manual https://oa.org/app/uploads/2022/03/service-traditions-and-concepts-workshop-manual.pdf Manual and presentation overview https://oa.org/blog/news/new-free-digital-download-on-oa-org-service-traditions-and-concepts-workshop-manual-and-presentation/

Region 5

+ See Packet C for 18 post-assembly documents including minutes, adjusted bylaws/policy & procedures, zoom security presentation, hybrid meeting support & technology tips, convention registration mail-in form https://region5oa.org/spring-assembly-2022-packet-c/

+ Blog/newsletter posts on "Before and After OA"; "Have you had a time where you were lost in program? How did you find your way?" https://region5oa.org/freedom-from-bondage-newsletter/ (There are some new postings.)

Virtual Region

+ News From the Virtual Region (will be posted on a monthly basis)

https://myemail.constantcontact.com/Dear-Friend-March-Edition-of-News-From-the-Virtual-Region.html?soid=1135216969632&aid=Sa2aFuixAN4

Events - Phone Marathons

Sunday, April 17 Easter Tradition 4 Spiritual Principle - Autonomy; Do I Take Responsibility for My Actions? 7am-11pmCDT 712-432-5200 Conference ID: 4285115# (*This phone marathon is a good replacement for the Sunday, April 17 Speaker Meeting from 3-6pm, which has been cancelled.*)

Chair Report: Wanda C.

- The 2022 Region 5 Spring Assembly Report was sent out prior to the meeting. (See report for details.)
- Region 5 has 61 meeting groups that are registered through the Virtual Region as Zoom Meetings. These 61 groups have not registered through an intergroup, so intergroups are not given credit for these meetings that are being held in their areas. Region 5 is currently identifying which intergroups need to be given credit for these virtual meetings. Deanna suggested that if anyone has questions to contact Region 5 Trustee Barbara K.
- Friday evening of the Spring Assembly was dedicated to the issue of Zoom bombing.
 Resources on this subject were sent out in the April Meeting Eblast. 85% of all OA meetings who have publicly posted passwords have been bombed.
- Region 5 is looking for an intergroup to chair the 2023 and 2024 Convention.
- Wanda reported that she attended the 2022 Convention meetings, which were very exciting.
- Wanda is serving on the PIPO Committee. She reported that the Milwaukee Intergroup
 has hired a professional to handle these functions.
- Carol G. inquired as what the budget might be for hiring someone to handle PIPO. Wanda pointed out that the Milwaukee Intergroup is larger with 51 meeting groups, so they get more donations. A Facebook ad alone costs \$1,500.
- Neal commented that the "return on investment" needs to be a consideration when considering this kind of expenditure.

Vice Chair Report: Carolyn S.

- The Region 5 Spring Assembly was a great experience. She has a deeper understanding of how important it is to keep the program together and going.
- Carolyn S. is on the Region 5 Bylaws Committee and the 2023 Convention Committee.
- Carolyn is looking forward to having in-person events soon.

Treasurer Report: Neal M. (No formal report)

- No transactions in February.
- Needs to reimburse Wanda C. \$175.00 for her WSBC registration fees.
- Storage fee was paid at the end of March.

Recording Secretary/Website Chair Report: Laural R.

- No Recording Secretary Report
- All April documents that are posted on the website will be delayed until John C. returns on April 11th.
- Laural R. will update our information on the Region 5 website under "Intergroup." The updated Meeting List and the March Minutes will be posted.

Acting Corresponding Secretary Report: Maureen R.

Meeting List Report: There currently are twenty-six (26) Active SNI groups. Seven (7) groups are F2F; Fifteen (15) groups are Zoom and (4) groups are Hybrid.

The following changes made for the 4/2/22 SNI Meeting List:

- -One (1) meeting group CLOSED: Sunday 10:00 pm Zoom Algonquin Township.
- -Monday 10 am Zoom Congregation Beth Shalom, Northbrook has a New Contact Person: Laural R. #847-778-5512.
- -Friday 9 am Zoom Holy Trinity, Elgin has a new Contact Person: Jenny S. #847-632-0306.
- -Saturday 2:30 PM Arlington Heights NWCH group went back to F2F.

Zoom Report: SNI is using the Zoom account for R5 Convention Hospitality Subcommittee meetings as well as monthly SNI Meetings. SNI Meetings can now be automatically recorded. Working on Zoom 'key' number to be distributed to Penny N. (Zoom Committee) and SNI Board so they can also access/run Zoom meetings.

2022 CONVENTION

Region 5 Hospitality Committee (hereafter HC) Report: Darlette P.

- Next Meeting Sunday, April 3rd at 1 pm
- Registration is now open. Please register.
- NEED FOR VOLUNTEERS (cohosts, chairs, moderators, content volunteers, timers, literature committee, etc.)

 To volunteer, please indicate your interest in volunteering on the Convention Registration Form. <u>OR</u> Contact the following SNI Hospitality Committee members: Darlette P.<u>Darpar6@yahoo.com</u>, Maureen R. <u>moersch@sbcglobal.net</u> or Christine G. <u>secondstepper@gmail.com</u>

INTERGROUP RENEWAL GOALS

SNI Intergroup Renewal Goals: (Maureen R.) Focus on groups that do not have Intergroup Representatives (IRs) to SNI.

Out of the twenty-six (26) Active Groups twelve (12) have IRs. Thus, fourteen (14) groups are without IRs. They are: Nine (9) Zoom, four (4) F2F and one (1) Hybrid.

- Five (5) (Zoom) groups with five group numbers, Monday through Friday 8 am (same ID and PW #'s) 'OA check in' meeting (1/2-3/4 of an hour). Could have one IR.
- Monday, 10 am (Zoom) Congregation Beth Shalom, Northbrook (Laural working on it)
- Monday, 7 pm (F2F) Morton Grove Community Church (Carolyn & Deanna)
- Monday, 7 pm (Zoom) (old Niles group). Prior IR Daniel M. (Wanda & Carol)
- Wednesday, 10 am (Zoom) St. Mathews, Evanston (Darlette)
- Wednesday, 1 pm (F2F) 1st Presbyterian Church, Lake Forest (Deanna, Wanda, and Carol)
- Wednesday, 7 pm (H) St Martha's School, Morton Grove. Very small meeting.
- Thursday, 7 pm (F2F) Niles Family Service, Niles. (Maureen to call, Wanda may go)
- Saturday, 10 am (Zoom) Crystal Lake. (Maureen)
- Saturday, 2:30 pm (F2F) NWCH, Arlington Heights (Carolyn and Elisa)
- <u>NOTE</u>: One IR for each group is allowed for voting purposes. Volunteers (in parenthesis) agreed to outreach these 14 groups for a few weeks by attending meetings to 'spread the word' that representation and participation in SNI provides opportunities to serve and grow beyond the group level. It also keeps SNI viable.
- -Wanda C. reminded everyone that sponsees of SNI reps can become a SNI rep for any meeting they attend within our intergroup.
- -Carol G. and Deanna B. will take an inventory of the OA pamphlets (and other materials) that are in our storage locker. SNI will use this information to help develop PIPO goals, which will help in strengthening our meeting groups.

<u>Summer Recovery Event</u>

- Planning will begin in May with the logistics of when and where this event will be held, along with whether it will be in-person or on Zoom.
- Reps need to bring back a list of possible topics for this event to our May meeting. (Ask your meeting groups for ideas.)

 The Twelve Step Within Committee (SNI official committee name that does recovery events) will be reestablished to oversee this summer recovery event.. Please consider being on this committee.

WRAP UP

What to bring back:

Zoom Bomber Information included in the recent SNI Eblast. (Zoom Bombing pdf and the Intruder's Prayer docx.)

Hybrid Meetings may be the way forward for many OA Meetings. Please present these resources to your meeting group (Converting to Hybrid Technology pdf and Deciding to Convert to Hybrid Meetings). Included in the recent SNI Eblast.

Region 5 2022 Convention – September 16-18, 2022

- Registration Form now available. Please register.
- SNI Hospitality Committee needs VOLUNTEERS. 1. Please indicate your interest in volunteering on the Convention Registration Form. <u>OR</u> 2. Contact the following SNI Hospitality Committee members to volunteer: Darlette P. (<u>Darpar6@yahoo.com</u>), Maureen R. (<u>moeresh@sbcglobal.net</u>) or Christine G. (<u>secondstepper@gmail.com</u>).

Publicize the <u>SNI website</u>. https://oachicagosni.org Please let your groups know that the April information will not be posted until mid-April. (The most current meeting list and the March Minutes will be posted on the Region 5 website under "Intergroups".)

Highlight a few of the **upcoming events** listed on the April **Downloader Report**.

SNI Website Recovery Stories requested. Send to lareinhart@comcast.net

WSBC 2022Update: See Documents posted on WSBC web page https://oa.org/world-service-business-conference/

- *Tentative agenda https://oa.org/app/uploads/2022/03/tentative-conference-agenda-wsbc-2022-rev-mar-14.pdf
- *Agenda Questionnaire results https://oa.org/app/uploads/2022/03/agenda-questionnaire-final-results-wsbc-2022.pdf
- *2021 contributions report https://oa.org/app/uploads/2022/03/2021-end-of-year-contributions-report.pdf
- *Trustee applications https://oa.org/app/uploads/2022/03/trustee-applications-wsbc-2022.pdf
- *The Twelve Traditions Workbook of Overeaters Anonymous: DRAFT Not for distribution

Closing: The meeting ended at 12:04 pm with the 7th Step Prayer.

Next SNI Meeting: Saturday, May 7, 2022, from 10 am to 12 noon

Meeting ID: 833-9832-5805

Passcode: 013291

Respectfully submitted, Laural R., Recording Secretary