

# SNI Minutes: Saturday, May 7, 2022

**SNI Mission Statement: “To welcome, inspire, strengthen and grow the fellowship of OA”**

**OPENING:** The regular meeting of the Suburban North Intergroup (SNI) was held on Saturday, May 7, 2022, via Zoom. Chair Wanda C. opened the meeting at 10:01 am with the Serenity Prayer.

## Present Were:

- Chair: Wanda C.
- Vice Chair: Carolyn S.
- Recording Secretary: Laural R.
- Acting Corresponding Secretary: Maureen R. (Also, keeper of the Meeting and Sponsorship Lists.)

## Intergroup Representatives (IRs):

- Sunday, 10 am Highland Park Hospital: Jennifer S.
- Monday, 7 pm Morton Grove: Penny N.
- Wednesday, 9:30 am St. Marcelline, Schaumburg: June L.
- Wednesday, 7 pm Barrington: Lauryl B.
- Thursday, 10 am Northbrook: Pat H.
- Thursday, 12 pm Crystal Lake: Carol G.
- Friday, 7:30 pm Crystal Lake: Paul A.
- Saturday, 8 am Libertyville: Sue G.
- Saturday, 10 am First Church, Crystal Lake: Christine G.
- Saturday, 11 am St. Giles Church, Northbrook: Cathy O.

## Visitor:

- SNI Webmaster: John C.

-Paul A. read the 12 Steps; Pat H. read the 12 Traditions; Carol G. reflected on the Tradition of the Month (Tradition 5 – Purpose), and June L. read the short version of the month’s concept (Concept 5 – Consideration).

-The Proposed Agenda was approved with one caveat. Mary F. requested to present to SNI the idea of having a private SNI Facebook page. If she is present at some point during the meeting, she will be added to the agenda.

-Wanda C. read the Standing Rules, which were adopted.

-The April 2, 2022 Minutes were approved with three minor (3) changes. Corrections will be made before the Minutes are posted on the website.

**REPORTS/QUESTIONS/CLARIFICATIONS:** Reports from the Chair (OA WSBC 2022 Report by Chris B., OA WSBC Workshop Handouts, and SNI Event Guidelines), Designated Downloader, Acting Corresponding Secretary (Meeting List, Intergroup Renewal Goals, and Zoom), and Treasurer were sent out before the meeting. Updates and other reports are listed here:

## Designated Downloader: (June L.)

## **Important Additions**

-Saturday, May 7 from 1 to 4 pm Three-fold Disease Meeting ID: 861-0077-3460 Passcode: intergroup

-Friday, May 13 through Sunday, May 15 Abstinence Through the Big Book <https://overeaters.org/wp-content/uploads/2022/04/bigbookstudyFlyer2022.pdf>

-Sunday, May 15 from 1 to 2 pm Pre-lapse See Zoom information on [wwwoaontario.org](http://wwwoaontario.org) one day prior to event

## Downloader Highlights

### WSO News Bulletin – April

[https://4cbgp.r.ag.d.sendibm3.com/mk/mr/03rygMyaAjWSYsvG3RFPBLfnnfAbYNA4DmMkSZF9FFZLocyY-dWI0DQUKBUscyY-d5kVAsfUcNO2VGTWDApwmXkk\\_hSsROopjYhwhU0NAqnffga6vfFSkUOCYnEotxggjz4npKFMj5Q](https://4cbgp.r.ag.d.sendibm3.com/mk/mr/03rygMyaAjWSYsvG3RFPBLfnnfAbYNA4DmMkSZF9FFZLocyY-dWI0DQUKBUscyY-d5kVAsfUcNO2VGTWDApwmXkk_hSsROopjYhwhU0NAqnffga6vfFSkUOCYnEotxggjz4npKFMj5Q)

+ *A Step Ahead* Second Quarter (**OA's official newsletter**)

<https://oa.org/app/uploads/2022/04/a-step-ahead-second-quarter-2022.pdf>

\*Sponsorship Survey conducted 11/21 by OA's Twelfth Step Within Committee/delivered to BOT 2/22; TSW committee currently evaluating results/formulating recommendations to improve overall sponsorship in OA; see article for survey responses from 1,149 members regarding what makes a good sponsor, types of sponsors, sponsorship resources, obstacles to sponsorship, reasons for difficulty finding a sponsor (Please look at this information. It will be used to improve sponsorship overall.)

\*WSBC voting results - check WSBC web page <https://oa.org/world-service-business-conference/> and *A Step Ahead* Third Quarter (to be published June 30) **A few highlights – 1. Screen Sharing Proposal-defeated, 2. Designating July as OA Service Month-defeated, and 3. The WSBC approved a free download of the pamphlet *Where Do I Start?* to be available at [www.bookstore.oa.org](http://www.bookstore.oa.org)**

+ **2022 Annual Appeal letter coming soon**; make an extra contribution to support ongoing OA services such as

Find A Meeting, literature, literature translations, WSBC

\*To give online: Go to <https://oa.org/contribute> and select **2022 Annual Appeal Letter in the Designation drop-down menu**

## Region 5

+ Region 5 Convention "Letting Our Light Shine" September 16-18 (Zoom)

\*Online registration <https://oaregion5.regfox.com/region-5-2022-convention>

\*Mail-In registration Convention Registration Mail in Revised 2-23-22.pdf

+ Blog/newsletter post on "Carrying The Message" <https://region5oa.org/blog-post/carrying-the-message/>

## Virtual Region Events

Sunday, May 8 Dealing With Guilt & Shame 2-3:30pmCDT

Zoom ID: 891 6554 0024 Password: 120912

## Phone Marathons

Sunday, May 8 Mother's Day Step 5 Spiritual Principle - Purpose; How Do I Define My Purpose As A Member of OA?

7am-11pmCDT 712-432-5200 Conference ID: 4285115#

### Additional Highlighted Virtual Events

Sunday, May 8 Holi-Daze Zoom-A-Thon 5am-10pmCDT  
Zoom ID: 959 959 1828 Password: 718863

Friday, May 20-Sunday, May 22 Pass It On Marathon 5:30-7:30pm; Noon-3pm; 9-11amCDT  
[https://drive.google.com/file/d/1aqBtua\\_dSVpZKMcdwBL43cTOqT1E2pZE/view](https://drive.google.com/file/d/1aqBtua_dSVpZKMcdwBL43cTOqT1E2pZE/view) Zoom ID: 273 862 8468  
Password: steps (**Cleveland Central IG**)

Saturday, May 21 Recovery After Relapse 1-5pm CDT  
Hybrid: Our Savior Lutheran Church Burbank, IL/Zoom  
Register Zoom or In-Person: email Gail T. [getoa314@gmail.com](mailto:getoa314@gmail.com) (**CSI**)

Monday, May 30 Memorial Day Workshop 9:30-11:30am  
Zoom ID: 814 6077 5454 Password: 729925 (**Milwaukee Area IG**)

Chair Report: Wanda C.

### **Highlights of 2022 WSBC (Formal Report will be sent out for the June meeting.)**

1. Please refer to the OA WSBC 2022 Report by Chris B. for conference highlights.
2. Look at the OA WSBC Workshop handouts that were sent out in the SNI Eblast.
3. Twenty-one (21) countries were represented at the WSBC!
4. Even though the conference was virtual, delegates were charged a registration fee of \$175. to cover the costs.
5. WSO was still obligated to pay \$131,000 to the hotel, even though the conference was not in person.
6. One of the Proposals concerned the Protection Payment Program (PPP). OA received \$137,000 from the government during the pandemic to help cover costs (rent and staff salaries). This money was “gifted” and does not need to be paid back. (Nor does the government want it back.) The Conference Proposal on this issue was debated. A faction thought that the money should be paid back, because our Seventh Tradition states that OA should be self-supporting. After discussion, the WSBC decided that the money would not be paid back.
7. Although OA was concerned about funds, because of the pandemic, OA broke the million-dollar donation mark and is doing quite well.
8. *The Twelve Traditions Workbook of Overeaters Anonymous* was given Conference Seal of Approval.
9. The Responsibility Pledge will be added to all new materials.
10. A free download of the Pdf pamphlet *Where Do I Start?* was approved and will be available soon.
11. The Screen Sharing Proposal was defeated.
12. Interpreters will now be allowed to speak for people who for some reason are unable to speak, (i.e.-strep throat, technical difficulties on Zoom).
13. Region 5 Trustee Barb. K. was re-elected to the Board of Trustees (BOT).
14. At this point, WSBC is not set up to host a hybrid conference. However, things are moving in that direction and OA needs to catch up. The plan is for next year’s WSBC to be in-person.

## **SNI Handbook**

- Electronic SNI Handbooks are available. Laural R. will email new reps and any other interested SNI person the electronic SNI Handbook.
- SNI Reps can choose to print off a paper copy of the Handbook (an option) or use the Handbook in its electronic format on their computer.
- Laural R. will go to the SNI Storage Locker and pick up any hard copy SNI Handbooks. These will be made available for pick up from her home.

Vice Chair Report: Carolyn S. (No Report)

Treasurer Report: Neal M. (Report was sent out prior to the meeting.)

Recording Secretary/Website Chair Report: Laural R.

-For attendance purposes, put your name, day/time/location of meeting you represent in the chat.

-If you are unable to attend a meeting, please contact Laural R. via email at [lareinhart@comcast.net](mailto:lareinhart@comcast.net)

-If you have not already done so, please send Laural R. your contact information (name, meeting information, address, email, and phone number). She and Maureen R. are preparing a SNI Contact List. This list will be kept private. It is just for our own information.

-Webmaster John C. updated everyone on the website. 1. The website has been updated for Spring. 2. The transfer of domain ownership has been delayed, due to travel and illness. 3. Laural R. is being trained on how to post information on the website. 4. Our website is stable enough at this point. We just need someone who is able to post documents as needed.

Acting Corresponding Secretary/Zoom Chair Report: Maureen R.

- Meeting List Report: There currently are twenty-six (26) Active SNI groups. Seven (7) groups are F2F; Fifteen (15) groups are Zoom, and (4) groups are Hybrid.  
The following changes made for the 5/7/22 SNI Meeting List:
  - Wednesday, 1 pm 1<sup>st</sup> Presbyterian Church in Lake Forest has a location change from the Parish House TO the Deerpath Room.
- Zoom Report: Using the Zoom site for monthly SNI Meetings as well as R5 HSC Meetings. Working on Zoom 'host key' number to be distributed to Penny N. (Zoom Committee) and SNI Board so they can also access/run Zoom meetings.

## **2022 Convention**

R5 Convention Hospitality Committee (hereafter HC) – Darlette P. and Maureen R.

- HSC is working on a 'suggested script/outline' for volunteers to refer when they work during the Friday pre-OA meet-and-greet, the Saturday breaks/hallways moments, the lunch hour, etc.
- Volunteer to help when registering for the convention.

R5 Convention Zoom Committee – Christine G.

- Christine G. is co-chairing this committee with Phil C. (TPI).
- There are four (4) members on this committee who are meeting every Friday to be trained on Zoom protocols and procedures. The Virtual Region is also providing support.

- As of now, there are six (6) committed “zoomers” plus Joel I. who will be handling the Zoom aspects of the convention.
- Volunteers are needed. When registering for the convention, please indicate your willingness to help in this area.

## INTERGROUP RENEWAL GOALS

### Increase the Number of SNI Representatives: Maureen R.

- SNI Intergroup Renewal Goals: Focus on groups that do not have Intergroup Representatives (IRs) to SNI.

Changes in CURRENT IRs: 1) Thursday 10 am Congregation Beth Shalom, Northbrook has a new IR, Patricia H. 847-254-9916; 2) Saturday 11 am (F2F) St. Giles, Northbrook has changed their IR to Catherine O. 773-631-5099 and 3) Monday, 7 pm F2F Morton Grove Community Church, Morton Grove has a new IR, Penny N. 847-533-7244 (Carolyn S. & Deanna B.)

Out of 26 groups there remain thirteen (13) groups without IRs. They are: Nine (9) Zoom, three (3) F2F and one (1) Hybrid.

1. Five (5) (Zoom) groups with five group numbers, Monday through Friday 8 am (same ID and PW #s) ‘OA check in’ meetings. Ruth W. contacted and will bring up SNI IR request at their next meeting as well as having their M-F meetings under one IR.
2. Monday, 10 am (Zoom) Congregation Beth Shalom, Northbrook (Laural R.) Repeated requests since last October. No one has volunteered. Suggest another member from SNI attend and bring up the request for a new IR.
3. Monday, 7 pm (Zoom-Niles) (Wanda C. & Carol G.). Follow up from Wanda and Carol. Had discussion with Maja L. (773) 865-8106 who will bring IR request to their group. This has been brought up in the past, but the idea didn’t go very far. The group does not need a Zoom number, because they are self-supporting.
4. Wednesday, 10 am (Zoom) St. Mathews, Evanston (Darlette P.) Not present to report.
5. Wednesday, 1 pm (F2F) 1<sup>st</sup> Presbyterian Church, Lake Forest (Deanna B., Wanda C., and Carol G.) Did not attend due to distance. Penny N. volunteered to attend this meeting.
6. Wednesday, 7 pm (Hybrid) St. Martha’s School, Morton Grove. (Maureen R.) Catherine O. contacted and will bring up IR request to their group. The attendance in this group is 1-3 per meeting.
7. Thursday, 7 pm (F2F) ‘OA For Today’ Niles Family Service, Niles. (Maureen R.) Mary F. (773) 401-5567 contacted and will bring up IR role in their ‘Service Sign-Up List’. Mary F. expressed an interest in starting an OA FB group and was invited to attend SNI 5/7/22 meeting to discuss this possibility. It may be a new way to attract OA members back to meetings.
8. Saturday, 10 am (Zoom) Crystal Lake. (Maureen R.) Contact person returned Maureen’s call during meeting. Maureen will follow up with her later.
9. Saturday, 2:30 pm (F2F) NWCH, Arlington Heights (Carolyn S. and Elisa R.) Carolyn B. reported that someone was interested and is “thinking about it.” Will follow up.
  - One IR for each group allowed for voting purposes. Volunteers (in parenthesis) agreed to reach out to the groups by calling/attending meetings to ‘spread the word’ that representation and participation in SNI provides opportunities to serve and grow beyond the group level. Discussion was held about having no ‘hidden agenda’ and ideas of what to say and how to present our intentions for attending the groups.

### Summer Recovery Event

-Reestablish the Twelfth Step Within Committee. SNI representatives will meet on Saturday, May 21 at 10 a.m. to organize this event. Meeting ID: 833-9832-5805 Passcode: 013291

-Theme – Body Image

-Date/Time – Saturday, July 9<sup>th</sup> from 1 to 4 p.m. (F2F) *Special Note: It was decided that the SNI July Meeting would be held on Saturday, July 9<sup>th</sup>. The plan is to have a hybrid meeting. Christine G. volunteered to handle the hybrid format.*

-Place TBD – Maureen will check out the Alcott Center (Buffalo Park District located at 530 Bernard Drive, Buffalo Grove, IL 60089) to see if it is available. (This location is where SNI held their last F2F event.)

### **Twelfth Step Within Committee (Summer Recovery Event) Planning Meeting**

**Saturday, May 21 at 10 am**

**Meeting ID: 833 9832 5805**

**Passcode: 013291**

### How to Prepare for this meeting:

1. Maureen R. volunteered to investigate the venue and I look up any past SNI Body Image Workshop information.
2. Google “OA body image workshop” to see what other intergroups have done.
3. Read the SNI Event Guidelines that was sent out in the SNI Eblast prior to the May meeting.
4. Come with ideas!

### Tentative Meeting Agenda:

1. Discuss and approve location – Maureen R. will report
2. Discuss and approve using the *Body Image, Relationships, and Sexuality* book as workshop format? Discuss and approve whether SNI will give the first 25 attendees the book for free? (The cost to SNI is \$435.)
3. Design flyer.
4. Recovery Event Program Ideas – One suggestion was already made. Individual members could read one of the short stories from the book, then speak on its impact for them.
5. Division of Responsibilities (who will do what)
6. Next Committee meeting?

## **WRAP UP**

### What to Bring Back to Your Meeting Group

1. Twelfth Step Within Committee Summer Recovery Event on Body Image – Saturday, July 9<sup>th</sup> from 1 to 4 p.m. (Face-to-Face). More specific information to follow.
2. Visit the SNI website at <https://www.oachicagosni.org> for lots of information, including the current list of meetings in our area and the downloader report featuring upcoming OA events.
3. The SNI website is looking for personal recovery stories from members. Please submit your stories to Laural R. at [lareinhart@comcast.net](mailto:lareinhart@comcast.net)
4. *The Twelve Traditions Workbook of Overeaters Anonymous* was given the Conference Seal of Approval and will soon be available at [www.bookstore.oa.org](http://www.bookstore.oa.org)
5. The WSBC approved a free download of the pamphlet *Where Do I Start?* Available at [www.bookstore.oa.org](http://www.bookstore.oa.org)

6. Mark your calendars for the upcoming Region 5 Convention on September 16-18, 2022. You can register online at <https://oaregion5.regfox.com/region-5-2022-convention> or use the mail-in registration. Volunteers are needed, so please sign up to help. SNI needs volunteers to help with hospitality and with zoom.
7. Donations to OA's 2022 Annual Appeal can be made online. Go to <https://oa.org/contribute> and select "2022 Annual Appeal Letter" in the Designation Drop-Down Menu.

Closing: The meeting ended at 12:03 pm with the 7<sup>th</sup> Step Prayer

**NEXT SNI MEETING:** Saturday, June 4, 2022, from 10 am to 12 noon  
Meeting ID: 833-9832-5805  
Passcode: 013291

Respectfully submitted,  
Laural R., Recording Secretary