## October SNI Downloader Report

Please share the following OA news and upcoming events with your group:

## WSO News Bulletin - September

 $\frac{https://4cbgp.r.ag.d.sendibm3.com/mk/mr/uMHX4HoPtAZfwwGC6keACKXPfVrDtalXmALVDVUvNzmNgaTi0H0uM6qrviCnPmNR-8aBPpU7APxoFDgTM3FNoZvIof7cJBbKBLMRT7KZmwS9SdGHhudS05WHCtQJpn 9n7TJ1Cb4rw}{}$ 

+ New audio book The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition

\*Listen commuting, exercising, waiting in line, etc...; runs 4 hrs & 43 mins

- Audible: <a href="https://adbl.co/3K2bper">https://adbl.co/3K2bper</a>
- Amazon: https://amzn.to/3K5qYlF
- Apple Books: <a href="https://apple.co/3R0415Q">https://apple.co/3R0415Q</a>
- + WSBC 2023 Concepts of Service: The Heart of the Fellowship April 25-29 Albuquerque, New Mexico
  - \*Tentative conference agenda <a href="https://oa.org/app/uploads/2022/08/tentative-conference-agenda-wsbc-2023-rev-aug-2022.pdf">https://oa.org/app/uploads/2022/08/tentative-conference-agenda-wsbc-2023-rev-aug-2022.pdf</a>
- \*Want to improve anything about OA? See *How to Submit a Motion to WSBC* (via SNI) <a href="https://vimeo.com/721479227">https://vimeo.com/721479227</a> (9 min video); submission deadline Dec 1
- + New *Voices of Recovery: A Daily Reader, Second Edition* "for anyone new to program, anyone who doesn't have the first edition, and for those of you who might keep your well-worn first edition on the shelf but want a daily reader that speaks fully to the present moment"; see bookstore.oa.org to purchase a copy/links to e-book formats https://bookstore.oa.org/books/voices-of-recovery-a-daily-reader-second-edition-987-2-bk.asp
- + Reminder: Lifeline is back! Read recovery stories at <a href="https://lifeline.oa.org/">https://lifeline.oa.org/</a>

\*Help *Lifeline* grow - Send your "recovery-focused story, digital painting, song, video or any other type of digital media"; contributor guidelines <a href="https://oa.org/app/uploads/2022/07/contributor-guidelines-for-lifeline-stories-of-recovery-blog.pdf">https://oa.org/app/uploads/2022/07/contributor-guidelines-for-lifeline-stories-of-recovery-blog.pdf</a>; submission form <a href="https://form.jotform.com/220035565825050">https://form.jotform.com/220035565825050</a>

Virtual Region: September Newsletter <a href="https://myemail.constantcontact.com/September-Edition-of-News-From-the-Virtual-Region.html">https://myemail.constantcontact.com/September-Edition-of-News-From-the-Virtual-Region.html</a>?soid=1135216969632&aid=iJbgUmkirrk

Region 5 Assembly: Friday, October 28 Intergroup Sharing Meeting (8:10pmCDT on Zoom); see specific registration space under "Registration Type" to register for meeting (Intergroup Sharing Visitor); login info to be sent; listen/watch meeting; comment/ask questions in Zoom chat (shared by someone physically in the meeting room)

Register https://oaregion5.regfox.com/region-5-2022-fall-assembly

## **Events**

Friday, September 30 (11pm)-Saturday, October 1 (11pmCDT) New-To-OA Open House (Every hour) <a href="https://teamup.com/event/show/id/ULJ4tx4Nh9FWswrWjT3MBVSVoBpCBJ">https://teamup.com/event/show/id/ULJ4tx4Nh9FWswrWjT3MBVSVoBpCBJ</a> Zoom ID: 822 2566 0161 Password: 120912

Saturday, October 1 Step 10 Workshop 9:30-11am Zoom ID: 876 7388 6608 Password: 518096

Saturday, October 1 Attitude Of Gratitude Noon-1:30pmCDT

https://oa-ottawa.ca/wp-content/uploads/2022/08/odig-gratitude-workshop-oct1-22-flyer-proof2-1.pdf

Zoom info: Sign up to receive at oa-ottawa.ca

Saturday, October 1 11th Step Workshop 1-4pmCDT

https://www.oapinellas.org/events/2022/10/11th-Step-Virtual-OA-Workshop.pdf

Zoom ID: 869 9914 0030 Password: 808962

Sunday, October 2 Coming Out Of Relapse 12:30-1:30pmCDT

Zoom ID: 705 658 2426 Password: 402153

Sunday, October 2 Stepping In Gratitude 2-3:30pmCDT

https://teamup.com/event/show/id/4RgoZKqiYNYVXdJbGOt3LdxjyYaKsZ

Zoom ID: 853 3288 0508 Password: 1212

Sunday, October 2 Speaker Meeting 3-5:30pmCDT Zoom ID: 947 2125 9974 Password: 810562

Tuesday, October 4 Yom Kippur Step 9 Spiritual Principle - Love; Love Yourself and Others By Clearing the Wreckage of Your Past 7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Saturday, October 8 Step 1 Workshop 10-11:30amCDT Zoom ID: 896 7659 8254 Password: Powerless

Saturday, October 8 Spirituality Of The Twelve Steps 3:30-5pmCDT

https://files.constantcontact.com/0a744305801/53762e01-86ca-4ddb-a654-40c5e87b2447.pdf

Zoom ID: 200 540 624 (no password)

Sunday, October 9 How To Twelve Step A Problem 2-3:30pmCDT Zoom ID: 891 6554 0024 Password: 120912

Monday, October 10 Indigenous Peoples' Day Tradition 9 Spiritual Principle - Structure; How Do I Practice Structure in My OA Program? 7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Wednesday, October 12 Abstinence: How Do You Define It? 5:30-7:30pmCDT

https://oceanandbay.org/wp-content/uploads/2022/09/10-12-Abstinence Define Flyer-6.pdf

Zoom ID: 898 7133 1438 Password: 525410

Saturday, October 15 Virtual Region Service Fair 9-11amCDT or 4-6pmCDT

https://files.constantcontact.com/0a744305801/56d15b9f-1cc0-4e90-97e6-a58d70457db9.png?rdr=true

Zoom ID: 891 6554 0024 Password: 120912

Saturday, October 15 Newcomers Workshop 10am-NoonCDT

https://www.oamilwaukee.org/wp-content/uploads/Flyer-2022-Oct-Newcomers-Rev.pdf

Zoom ID: 850 9549 6827 Password: 1212

Sunday, October 16 12-Step Meditation, Reading & Art Noon-2pmCDT

https://oaspacecoast.org/special-events Zoom ID: 439 375 0613 (no password)

Sunday, October 16 Holiday Challenges: Scared or Prepared 2-3pmCDT

 $\underline{https://oahouston.org/wp\text{-}content/uploads/2022\text{-}Holiday\text{-}Series\text{-}OA\text{-}Chats}\underline{Houston\text{-}1.pdf}$ 

Zoom ID: 811 7402 6732 Password: 2020

Sunday, October 16 Speaker Meeting 3-5:30pmCDT Zoom ID: 947 2125 9974 Password: 810562

Sunday, October 23 Carrying The Message 3-5pmCDT

Zoom ID: 812 2189 1645 Password: 059936 (Limit 25 participants)

Monday, October 24 Diwali Step 10 Spiritual Principle - Perseverance; How Does Perseverance Light The Way to

Self-Awareness? 7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Monday, October 31 Halloween Holi-Daze 5am-10:45pmCDT

https://www.oapinellas.org/events/2022/10/OA-Holidaze-Halloween-2022.pdf Zoom ID: 959 959 1828 Password: 718863

Monday, October 31 Halloween Tradition 10 Spiritual Principle - Neutrality; Why is Abstinence the Best Treat of All?

7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Thanks & Blessings!

June L.