

December SNI Downloader Report

Please share the following OA news and upcoming events with your group:

WSO News Bulletin – November

https://4cbgp.r.ag.d.sendibm3.com/mk/mr/A1VJgxHz6-G6rBKtseIDAjPk0qoHHwUJ4Ck4YzzmGhthLyUgenVyL-tkVOE03YhIHj0-Qh_eQd0Kt_BZ4366r3zzRC7h6BBhBG2ELOvePe8dkuQyPbH08WZ6kqCBitHufhrIbWTBkA

+ Reminder: All literature prices (print & digital) and shipping costs to increase January 1; order now to save <https://bookstore.oa.org/>

+ Reminder: *Twelve Concepts* now available as e-book (\$2); see bookstore.oa.org for links to Amazon Kindle, Barnes and Noble Nook, Apple Books (or print copy).

+ WSBC e-documents to be posted January 5 <https://oa.org/world-service-business-conference/>

+ December 12: Twelfth Step Within Day - “reach out to the still-suffering compulsive eater in our fellowship”

Planning Resources

- [Twelfth-Step-Within Handbook](#)
- [Twelfth Step Within Day workshop](#)
- [Recovery Roadmap workshop”](#)

Ideas to Extend Hand and Heart

- [Keep It Simple: Ideas for Twelfth Step Within Day](#)
- [Preventing Relapse/Ways to Support Those in Relapse](#)
- [Reaching Out to Those within the Fellowship Who Still Suffer](#)
- [Traveling Hopefuls](#)

Exercises and Handouts for Those Still Suffering

- [Been Slipping and Sliding?: A Reading and Writing Tool](#)
- [Twelve Steps to a Slip](#)
- [Breaking Out of Relapse video](#)
- [Back issues of *Lifeline*](#)
- [A New Beginning: Stories of Recovery from Relapse](#)

+ Reminder: Event Calendar <https://oa.org/event-calendar/>

+ Reminder: *Lifeline* blog - read recovery stories <https://lifeline.oa.org/>; contribute your “recovery-focused story, digital painting, song, video, or any other type of digital media”; contributor guidelines <https://oa.org/app/uploads/2022/07/contributor-guidelines-for-lifeline-stories-of-recovery-blog.pdf>; submission form <https://form.jotform.com/220035565825050>

+ Support OA with end-of-the-year contribution: at oa.org/contribute select “Make this a recurring gift” to set up a monthly or quarterly Automatic Recurring Contribution using your credit or debit card; or download the contribution form to mail in your check or money order

Virtual Region Newsletter <https://oavirtualregion.org/news/>

Events

Saturday, December 3 Experience, Strength, And Hope Through The Holidays 9-NoonCST

<https://stlouisoa.org/wp-content/uploads/2022/10/2022-Holiday-Booster.pdf>

Zoom ID: 829 6922 6331 Password: 865711

Saturday, December 3 Day Of Reflection Noon-4pmCST

<https://oa.org/events/day-of-reflection-workshop/> Our Savior's Lutheran Church 8607 South Narragansett Avenue Burbank, IL

Saturday, December 3 Hope For The Holidays 12:30-2:30pmCST <https://oa-ottawa.ca/wp-content/uploads/2022/11/holiday-minithon-dec-3-2022-flyer-v1-1.pdf>

Zoom info: Sign up on oa-ottawa.ca

Saturday, December 3 OA Promises Candlelight Event 8pmCST

<https://oavirtualregion.org/wp-content/uploads/2022/11/promises-candlelight-flyer-2022-final-pdf-Victoria-Woods.pdf>

Zoom ID: 847 7465 5025 Password: promises

Sunday, December 4 Celebrate or Commiserate? 2-3pmCST

<https://oahouston.org/wp-content/uploads/2022-Holiday-OA-Chats-FINAL-2-1.pdf> Zoom ID: 811 7402 6732 Password: 2020

Sunday, December 4 Favorite OA Tools and Abstinence Through The Holidays 3-5:30pmCST

Zoom ID: 947 2125 9974 Password: 810562

Saturday, December 10 Step 1: Powerless 10-11:30amCST

<https://i0.wp.com/www.oawmass.org/wp-content/uploads/2022/08/Allergy-Anytime.png?ssl=1>

Zoom ID: 896 7659 8254 Password: Powerless

Saturday, December 10 The Doctor's Opinion 2:30-4pmCST

<https://ad4l.info/wp-content/uploads/2022/11/AD4L-Speaker-Series-12-2022-724x1024.png> Zoom ID: 200 540 624 (no password)

Sunday, December 11 Sponsorship 2-3:30pmCST

<https://oavirtualregion.org/2nd-sunday-of-the-month/> Zoom ID: 891 6554 0024 Password: 120912

Monday, December 12 Twelfth Step Within Day Step 12 Spiritual Principle-Service; How Do I Practice "The Twelfth Step Within"?

7am-11pmCST (Phone Marathon — Meeting every hour) Phone: 712-432-5200 Conference ID: 4285115#

Monday, December 12 Build Your OA Core 7:30pmCST Zoom Link: <https://us04web.zoom.us/j/2921820667>

Monday, December 12 Relapse And Recovery 8:30-10pmCST

<https://www.oasf.org/events/2020/12/12/a-reflection-workshop-how-do-we-really-feel-about-relapse-amp-recovery-se32z-ksjt8>

Zoom ID: 861 1855 0516 Password: 112244

Tuesday, December 13 Keys To Surviving The Holidays 6-8:30pmCST Zoom ID: 460 686 1021 Password: unp8QX

Sunday, December 18 Hanukkah Don't Stop Before The Miracle Happens 7am-11pmCST (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Sunday, December 18 Experience, Strength and Hope Through Service 3-5:30pmCST

Zoom ID: 947 2125 9974 Password: 810562

Saturday, December 24 Christmas Eve Tradition 12 Spiritual Principle - Spirituality; What Does My Spirituality Look Like Now?

7am-11pmCST (Phone Marathon — Meeting every hour) Phone: 712-432-5200 Conference ID: 4285115#

Sunday, December 25 Christmas The Gifts This Program Has Given Me 7am-11pmCST (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Sunday, December 25 Recovery Meeting 10:15amCST

https://www.oasgvie.org/uploads/1/2/2/5/122551464/holiday_xmas_new_year_2022.pdf Zoom ID: 825 944 5125 Password: 2020

Monday, December 26 Kwanzaa What Gifts Do I Offer And Receive By Working My Program Of Recovery? 7am-11pmCST (Phone

Marathon — Meeting every hour) Phone: 712-432-5200 Conference ID: 4285115#

Saturday, December 31 5:30 am-Sunday, January 1 6:30amCST New Year's Marathon

<https://oa.org/events/marathon-meditation-meetings-workshop/> Zoom ID: 829 263 32181 Password: Surrender

Saturday, December 31 New Year's Eve Taking A Personal Inventory: What Can I Learn By Looking Back? 7am-11pmCST (Phone

Marathon — Meeting every hour) Phone: 712-432-5200 Conference ID: 4285115#

Saturday, December 31 Restoration To Sanity 1:30-6:30pmCST https://ad4l.info/?page_id=4884 Zoom ID: 200 540 624 (no password)

Sunday, January 1 New Year's Day We Can Start Over Any Time 7am-11pmCST (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Sunday, January 1 Recovery Meeting 10:15amCST

https://www.oasgvie.org/uploads/1/2/2/5/122551464/holiday_xmas_new_year_2022.pdf Zoom ID: 825 944 5125 Password: 2020

Thanks & Blessings!

June L.