SNI Meeting Minutes for Saturday, October 1, 2022

The regular meeting of the Suburban North Intergroup (SNI) was held on Saturday, October 1, 2022, via zoom. Wanda C. opened the meeting at 10:06 am with a silent meditation followed by the Serenity Prayer.

**Present were:**

**Board members**: Chair: Wanda C. (also Region (R5) Representative and World Service Business Conference (WSBC) Delegate); Vice Chair: Carolyn S. (also R5 Representative); Treasurer: Neal M.; Recording Secretary: Laural R. (also Website Chair); and Acting Corresponding Secretary: Maureen R. (also keeper of SNI Meeting and Sponsorship Lists and Zoom Committee Chair)

**Intergroup Representatives (IRs)**

* Wednesday 9:30 am St. Marcelline, Schaumburg: June L. (also Designated Downloader)
* Wednesday 7:00 pm Stillwater Barrington: Lauryl B.
* Thursday 12 noon First Church Crystal Lake: Carol G.
* Friday 9:00 am Holy Trinity Elgin: Darlette P.
* Saturday, 10:00 am First Church Crystal Lake: Christine G. (also R5 Representative)

**Visitor**

John C. (SNI Webmaster)

Lauryl B. read the Twelve Steps; Carol G. read the Twelve Traditions; Laural R. reflected on Tradition 10 (Neutrality), and Maureen R. read the short version of Concept 10 (Clarity).

Wanda C. read the SNI Standing Rules which were adopted as read.

The proposed agenda had one deletion and one addition. Susan M. was not present to share the 12 Days of Sponsoring. The next SNI TSW was added for discussion. The agenda was approved.

The September 10, 2022, Minutes were approved with some minor corrections, which were presented prior to the start of the meeting.

**Reports/Questions/Clarifications**

**Report from the Designated Downloader was sent out prior to the meeting. Updates and other reports are listed here.**

Designated Downloader (June L.)

 **WSO News Bulletin – September**

https://4cbgp.r.ag.d.sendibm3.com/mk/mr/uMHX4HoPtAZfwwGC6keACKXPfVrDtalXmALVDVUvNzmNgaTi0H0uM6qrviCnPmNR-8aBPpU7APxoFDgTM3FNoZvIof7cJBbKBLMRT7KZmwS9SdGHhudS05WHCtQJpn\_9n7TJ1Cb4rw

+ New audio book *The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition*

\*Listen commuting, exercising, waiting in line, etc… ; runs 4 hrs & 43 mins

 Audible: https://adbl.co/3K2bper

 Amazon: https://amzn.to/3K5qYlF

 Apple Books: https://apple.co/3R0415Q

+ WSBC 2023 Concepts of Service: The Heart of the Fellowship April 25-29 Albuquerque, New Mexico

\*Tentative conference agenda <https://oa.org/app/uploads/2022/08/tentative-conference-agenda-wsbc-2023-rev-aug-2022.pdf>

\*Want to improve anything about OA? See How to Submit a Motion to WSBC (via SNI) <https://vimeo.com/721479227> (9 min video); submission deadline Dec 1

Region 5 Assembly: Friday, October 28 Intergroup Sharing Meeting (8:10pmCDT on Zoom); see specific registration space under "Registration Type" to register for meeting (Intergroup Sharing Visitor); login info to be sent; listen/watch meeting; comment/ask questions in Zoom chat (shared by someone physically in the meeting room)

Register <https://oaregion5.regfox.com/region-5-2022-fall-assembly>

Sunday, October 2 Speaker Meeting (**TOPIC: Spirituality**) 3-5:30pmCDT Zoom ID: 947 2125 9974 Password: 810562

Saturday, October 15 Virtual Region Service Fair 9-11amCDT or 4-6pmCDT

https://files.constantcontact.com/0a744305801/56d15b9f-1cc0-4e90-97e6-a58d70457db9.png?rdr=true

Zoom ID: 891 6554 0024 Password: 120912

Saturday, October 15 Newcomers Workshop 10am-NoonCDT

<https://www.oamilwaukee.org/wp-content/uploads/Flyer-2022-Oct-Newcomers-Rev.pdf>

Zoom ID: 850 9549 6827 Password: 1212

Sunday, October 16 Holiday Challenges: Scared or Prepared 2-3pmCDT

https://oahouston.org/wp-content/uploads/2022-Holiday-Series-OA-Chats\_Houston-1.pdf

Zoom ID: 811 7402 6732 Password: 2020

Sunday, October 16 Speaker Meeting (**TOPIC: What is Emotional Sobriety and How Can It Further My Recovery)** 3-5:30pmCDT Zoom ID: 947 2125 9974 Password: 810562

Monday, October 31 Halloween Holi-Daze 5am-10:45pmCDT

https://www.oapinellas.org/events/2022/10/OA-Holidaze-Halloween-2022.pdf Zoom ID: 959 959 1828 Password: 718863

Monday, October 31 Halloween Tradition 10 Spiritual Principle - Neutrality; Why is Abstinence the Best Treat of All?

7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Chair Report: (Wanda C.) – Wanda C. highlighted the upcoming R5 Assembly, which will be held at the end of October in Chesterton, IN. SNI will be sending three representatives to the assembly. They include Wanda C., Carolyn S., and Christine G. -On Friday evening, October 28th, there will be an Intergroup Sharing Meeting at 8:10 pm. -Anyone may attend the assembly as a visitor, if they register.

Vice Chair Report: (Carolyn S.) – Carolyn S. reported that as chair of the nominating committee, she spent a busy month getting ready for the SNI Elections. -Carolyn S. will be attending the R5 Assembly as a representative at the end of October.

Treasurer Report: (Neal M.) – Since there were no transactions in August, Neal M. had no formal report. -Laural R. will send Neal M. a check for the money collected at the September SNI Meeting (7th Tradition $42 and Book Sale $12).

Recording Secretary Report (Laural R.) -The August 6, 2022, Minutes were corrected and posted on the SNI website. -Website Committee Report-The website account was renewed for another year.

Acting Corresponding Secretary Report (Maureen R.) -No changes in the SNI Meeting List. – SNI has 26 meeting groups, which enables us to have three (3) representatives at the R5 Assembly. -Zoom Update: Maureen R. has been making progress. She has disabled the Waiting Room and can set up others to be the host or cohost. In addition, a POLLS feature has been added, so voting can be conducted in secret.

**Business – Nominating Committee Report and SNI Elections**

Nominating Committee Report and SNI Election

-Carolyn S. (Vice Chair and Chair of the Nominating Committee) made her report. In addition to electing a Chair and Treasurer, SNI needs to elect a Corresponding Secretary, an Alternate Delegate to the WSBC, and an Alternate Representative to the R5 Assembly.

-Elections were conducted by secret ballot under the supervision of John C. (SNI Webmaster). Those elected will serve a two-year term, which will end in October 2024.

-The SNI Election Results are as follows:

* Chair: Wanda C. was re-elected as SNI chair.
* Treasurer: No electable candidates available; no election held. Neal M. agreed to continue as treasurer until the end of year.
* Corresponding Secretary: No electable candidates available; no election held. Maureen R. agreed to continue as Acting Corresponding Secretary.
* Alternate WSBC Delegate: Christine G.
* Alternate R5 Representative: Laural R.

**Intergroup Renewal Goals**

Strengthening SNI by Visiting Meeting Groups -SNI members are encouraged to continue visiting other meeting groups speaking either during announcements or shares on how giving service as a SNI representative enhances recovery. Currently, SNI has 26 meeting groups, but only 11 representatives.

Region 5 Convention Feedback – Everyone who spoke agreed that the convention was a success. -Christine G. described it as “inspiring and uplifting”. She made wonderful connections in doing service at the convention. Her only suggestion – record it next time. -Carolyn S. thought the convention was “phenomenal and well organized.” She remarked that you could feel the recovery in the room. -Carol G. appreciated the authenticity of the speakers. – Wanda C. thought the Friday night OA meeting, which was hosted by SNI, was great. She also reminded everyone that any profit from the convention is to be split: 25% to the hosting intergroup(s) and 75% to the Region as per Region 5’s Policies and Procedures. – Maureen R. and the convention committee will meet on October 2nd to review the convention surveys. Participants really enjoyed the “shares” during the lunch hour. Maureen R. thought that the programming and Zoom committees did a great job.

TSW – Next Recovery Event: “What Does Recovery Look Like?”

-Committee was formed consisting of Maureen R., Carol G., Carolyn S., Laural R., and Wanda C. Others are welcome to join.

-TSW Committee will meet to begin planning on Saturday, October 8th from 9:30 am to 10:30 am on Zoom. (Meeting ID: 833-9832-5805 and Passcode: 013291)

**What to Bring Back to Your Meeting Groups**

**SNI reps and anyone in your meeting group are invited to help plan the next SNI (TSW) Recovery Event – “What Does Recovery Look Like”**

Planning Meeting: Saturday, October 8th from 9:30 to 10:30 a.m.

Meeting ID: 833-9832-5805

Passcode: 013291

**SNI Election Results:** The following have been elected for a two-year term.

-Chair: Wanda C. was re-elected as Chair.

-Treasurer: No electable candidates available; no election held. Neal M. agreed to continue as treasurer until the end of the year.

- Corresponding Secretary: No electable candidates available; no election held. Maureen R. will continue to serve in this position as Acting Corresponding Secretary.

-WSBC Alternate Delegate: Christine G.

-R5 Assembly Alternate Representative: Laural R.

*SPECIAL NOTE: Our current Treasurer (Neal M.) will continue to serve through the end of December and will train anyone interested in becoming the SNI Treasurer. Please mention to your groups that any OA member may serve as the SNI Treasurer. They only need to have one year of current abstinence and have a working knowledge of the Twelve Steps, Twelve Traditions, and the Twelve Concepts of OA Service*.

**Visit the SNI Website at** [**www.oachicagosni.org**](http://www.oachicagosni.org) **to learn more about everything that’s going on in OA. Download the October Downloader Report for all the specifics.** Here are a few highlights to point out to your groups.

- Region 5 Assembly: Friday, October 28 Intergroup Sharing Meeting (8:10pmCDT on Zoom); see specific registration space under "Registration Type" to register for meeting (Intergroup Sharing Visitor); login info to be sent; listen/watch meeting; comment/ask questions in Zoom chat (shared by someone physically in the meeting room)

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***NOTE: Encourage members to register for the Friday, October 28 Intergroup Sharing Meeting on Zoom.***

- Saturday, October 15 Virtual Region Service Fair 9-11amCDT or 4-6pmCDT

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**Reps are asked to continue our outreach by visiting other meetings where there is currently no SNI rep**. We have 26 registered meeting groups, but only 11 of the groups have a representative. (During “announcements” talk up SNI and how SNI supports meeting groups by planning Recovery Events and being each meeting group’s voice at the region and world levels of OA. You might want to mention SNI’s upcoming Recovery Event – What Does Recovery Look Like? The event will be held early in the new year.)

**Recovery Stories are needed for the SNI website**. All OA members can submit their story to Laural R. at lareinhart@comcast.net.

**WSBC (World Service Business Conference) 2023 “Concepts of Service: The Heart of the Fellowship”** will be held on April 25-29, 2023, in Albuquerque, New Mexico.

Closing: The meeting closed at 12:03 pm with the 7th Step Prayer.

**NEXT SNI MEETING**

**Saturday, November 5, 2022**

**10 am to 12 noon**

**IN-PERSON**: Buffalo Grove Youth Center (50 ½ Raupp Rd. next to Village Hall)

**ON ZOOM**: Meeting ID: 833-9832-5805 Passcode: 013291

Respectfully submitted,

Laural R.

Recording Secretary