

SNI Meeting Minutes for Saturday, March 4, 2023

The regular meeting of the Suburban North Intergroup (SNI) was held on Saturday, March 4, 2023, on Zoom. Wanda C. opened the meeting at 10:04 am with the Serenity Prayer.

Present were:

Board members: Chair: Wanda C., (also Region 5 {R5} Representative and World Service Business Conference {WSBC} Delegate); Vice Chair: Carolyn S. (also R5 Representative); Acting Treasurer: Neal M.; Recording Secretary: Laural R. (also Website Chair); and Acting Corresponding Secretary: Maureen R. (also keeper of SNI Meeting and Sponsorship Lists and Zoom Committee Chair)

Intergroup Representatives (IRs)

- Wednesday 9:30 am St. Marcelline, Schaumburg: June L. (also Designated Downloader)
- Wednesday 7:00 pm Stillwater, Barrington: Lauryl B.
- Thursday, 7:00 pm St. Giles, Northbrook: Penny N.
- Friday, 9:00 am Holy Trinity, Elgin: Diane McF.
- Saturday, 10:00 am First Church, Crystal Lake: Christine G.
- Saturday, 11:00 am St. Giles, Northbrook: Cathy O’G.

-Lauryl B. read the Twelve Steps; Diane McF. read the Twelve Traditions; Laural R. reflected on Tradition 3 (Identity); and Maureen R. read the short version of Concept 3 (Trust).

-Wanda C. read the SNI Standing Rules which were adopted as read.

-There was one addition to the proposed agenda. Under Intergroup Renewal Goals, donating outdated literature to a new group was added.

-The February 4, 2023 Minutes were accepted.

Reports/Questions/Clarifications: Reports from the Designated Downloader, the Acting Treasurer, the Acting Corresponding Secretary and the TSW Committee Program Scheduler were sent out prior to the meeting. Updates and other reports are listed here.

Designated Downloader: June L. – (Original Report is posted on SNI Website.)

-Agenda Questionnaire results will be posted on Monday, March 13. To see which items will be on the WSBC 2023 Agenda go to <https://oa.org/world-service-business-conference/>

-The newest OA book *The Twelve Traditions Workbook of Overeaters Anonymous* is available in both print and on a downloadable PDF e-workbook.

-Read and share Embracing Our Differences from the Board of Trustees reminding members that “OA is a Fellowship of unity and diversity, and to recommit to embracing *all* who want to stop eating compulsively.” <https://ddcqvdmi8p8xe.cloudfront.net/app/uploads/2023/02/27152817/embracing-our-differences.pdf>

-ADD THIS EVENT: March 18 from 11 to 1 (CST) “Recovery Workshop” – Meeting ID: 843 0341 4509
Passcode: 276762

Chair Report: Wanda C.

-Wanda serves on the WSO Young People’s Committee, which is going strong. She has enjoyed serving on this committee and has signed up to serve again. The committee created a What’s App Group for the Young People’s Virtual Intergroup that has been very helpful in connecting members. On March 25-26 the Young People’s Virtual Intergroup will be hosting a virtual retreat “Building a New Life.” Registration is \$10. <https://oaypretreat.ticetspice.com/oa-yp-retreat>

