



# Diabetes Warriors

New virtual Overeaters Anonymous meeting starts June 4, 2023

Sundays 6:00-7:00pm (US Eastern) on Zoom

Honolulu 12:00 noon | Los Angeles 3:00pm | London 11:00pm | Sydney 8:00am (Monday)

## **For more information:**

David H.

+1.202.922.1900 (text & talk)

DJH2.recovery@outlook.com

## **Service Opportunities**

*(Volunteers are also needed for the first few meetings, so please get in touch!)*

- Co-Lead
- Zoom Security
- “We Care”/Notetaker
- Newcomer Greeter/Outreach
- Community Outreach
- Professional Outreach
- Speaker Recruiter/Topic Organizer
- Intergroup (VIG) Representative
- Treasurer

**The special focus of this meeting is for compulsive overeaters who are also dealing with all types of diabetes:** type 1 (T1D) and type 2 (T2D), prediabetes, gestational, and the less common types (LADA, MODY, type 3c, etc).

**All are welcome, including OA newcomers! The purpose of the meeting is for sharing experience, strength and hope about the relationship between diabetes and our recovery from compulsive overeating — but NOT medical advice.**

We ask that you honor the special focus of the meeting, but it is not a requirement, and the meeting is open to all who wish to stop eating compulsively. This new meeting will start out as a topic/speaker meeting, but that format could change depending on group conscience.

**Instructions for joining the meeting by Zoom or phone:**

**<https://www.tinyurl.com/diabeteswarriors>**

Overeaters Anonymous

World Service meeting # (*registration pending*) | [oa.org](http://oa.org)

Foot Steps Virtual Intergroup #09670 | [oafootsteps.com](http://oafootsteps.com)

Virtual Region | [oavirtualregion.org](http://oavirtualregion.org)

#TogetherWeGetBetter