**SNI Meeting Minutes for Saturday, July 8, 2023**

The regular meeting of the Suburban North Intergroup (SNI) was held on Saturday, July 8, 2023, and was Hybrid. Christine C.G. opened the meeting with the Serenity Prayer.

**Present Were:**

Board Members: Chair: Wanda C. (also Region 5 {R5} Representative and World Service Business Conference {WSBC} Delegate); Acting Treasurer: Neal M; Recording Secretary: Laural R. (also Website Chair); and Acting Corresponding Secretary; Maureen R. (also keeper of SNI Meeting and Sponsorship Lists and Zoom Committee Chair)

Intergroup Representatives (IRs)

* Wednesday, 9:30 am St. Marcelline, Schaumburg: June L. (also Designated Downloader)
* Wednesday, 7:00 pm Stillwater, Barrington: Lauryl B.
* Thursday, 10:00 am Northbrook: Pat H.
* Friday, 10:00 am St. Benedict’s Abbey, Benet Lake, WI: Susan M.
* Saturday, 10:00 am First Church, Crystal Lake: Christine C.G.
* Saturday, 11:00 am St. Giles, Northbrook: Cathy O’G.

-Lauryl B. read the Twelve Steps; Pat H. read the Twelve Traditions: Neal M. reflected on Tradition 7 (Responsibility); and Maureen R. read the short version of Concept 7 (Balance).

-There were no changes and/or additions to the agenda.

-Christine C.G. read the Standing Rules which were adopted.

- The June 3, 2023 Minutes were approved.

**Reports/Questions/Clarifications: Reports from the Designated Downloader, Acting Treasurer, and the TSW Committee were sent out prior to the meeting. Updates and other reports are listed here.**

Designated Downloader: June L. – (Original report is posted on SNI website.)

-WSO New Bulletin – JUNE: Update: WSBC Documents

\*Business Conference Policy Manual

https://media.oa.org/app/uploads/2023/06/13091643/business-conference-policy-manual-wsbc.pdf

\*2023 Ask-It Basket (***NOTE: Please be sure to check out “WSBC Documents-Ask It Basket” Question 8 – A definition of Relapse and Slip*** [***https://media.oa.org/app/uploads/2023/06/13093041/ask-it-basket-wsbc-2023.pdf***](https://media.oa.org/app/uploads/2023/06/13093041/ask-it-basket-wsbc-2023.pdf)***)***

https://media.oa.org/app/uploads/2023/06/13093041/ask-it-basket-wsbc-2023.pdf

\*2024 Deadline Dates <https://media.oa.org/app/uploads/2023/05/16155844/deadline-dates-wsbc-2024.pdf>

+ Updated Guidance for Meeting Security <https://media.oa.org/app/uploads/2022/12/09103303/videoconference-meeting-training-and-security-preventive.pdf>

-Highlighted Events:

+ Summer Online Conference Saturday, July 15 8-10am CDT - Visitor registration:

https://oaregion5.regfox.com/2023-region-5-summer-online-conference

+ 2023 Region 5 Virtual Convention: Stepping into The Promises September 9 8am-4pm CDT

Register: https://oaregion5.regfox.com/region-5-2023-virtual-convention

Contact convention chair Mary Ann M. maryannpm2468@gmail.com or Deanna B. ddhope12@aol.com for info regarding service opportunities.

https://www.region5oa.org/wp-content/uploads/2023/02/OA2023ConventionFlyer.pdf

+ Newsletter Articles https://www.region5oa.org/online/

Write & submit your article: https://www.region5oa.org/forms/submit-newsletter-article/

-**Additional Event**: Tuesday, July 11 Body Image 2-3:30pm CDT (NY) Zoom ID: 233 569 433 Password: 121212

Chair Report: Wanda C. (No Report)

Vice Chair Report: Carolyn S. (Not Present)

Acting Treasurer Report: Neal M.

-Treasurer Report is posted on the SNI website.

-OA members’ contributions have increased; SNI 7th Tradition – collected $22.

- Member contribution limits increased to $7,500; see WSO statement <https://oa.org/news/member-contribution-limits-increased-to-us7500/?news-category=0&page=0>

Recording Secretary Report: Laural R. (No Report)

Acting Corresponding Secretary Report: Maureen R.

-No changes to the Meeting List. We have 27 active meeting groups.

**Business**

Fall Twelve Step Within (TSW) Recovery Event

* Title – Walking Your Life Through Meditation: Your Spiritual Path to Recovery
* Saturday, October 7th from 1 to 4 p.m.
* Venue – TBD (Will either be Kingswood United Methodist Church or Buffalo Grove Park District)
* Program focuses on Steps 10 & 11 – Opening/Introduction followed by four different types of meditations – 10th Step Meditation (Wanda C.), Guided Meditation (Laural R.), Two-Way Prayer Meditation – Diane Mc., Labyrinth Meditation (Carolyn S). Wrap Up-Group Sharing of Experiences. Will also include a Step 12 element. (Attendees will be asked to pick up OA posters to distribute in their areas.)
* TSW Committee will meet via Zoom on Monday, June 17 at 5:30 pm to determine the venue and further discuss the logistics of the event.

Region 5 Convention – “Stepping into the Promises”

* Saturday, September 9, 2023 from 8am to 4 pm (CDT)
* Christine C.G. serves on the Program Committee and reported that speakers are currently being lined up and vetted. Additionally, the Zoom Committee has been established and is working on logistics and security.
* Register at: <https://oaregion5.regfox.com/region-5-2023-virtual-convention>
* Volunteers are needed. Contact Deanna B. at [ddhope12@aol.com](mailto:ddhope12@aol.com) or 224-639-0899.

SNI Recovery Stories – Christine C.G. and Neal M. have committed to write a recovery story for the SNI website. [www.oachicagosni.org](http://www.oachicagosni.org)

**Intergroup Renewal Goals**

Strengthening our Meeting Groups

- Please consider attending the Big Book Meeting that meets Face-to-Face on Thursday nights (7 pm) at St. Giles (3025 Walters Ave. in Northbrook). This is a new meeting that needs our support.

Chair Wanda C. closed the meeting at 11:52 am with Neal M. reading the Seventh Step Prayer.

Respectfully submitted,

Laural R.

SNI Recording Secretary

**NEXT SNI MEETING**

**Saturday, August 5, 2023**

**10 am to 12 pm**

**HYBRID**