

SNI MEETING MINUTES for Saturday, August 5, 2023

The regular meeting of the Suburban North Intergroup (SNI) was held on Saturday, August 5, 2023, and was on Zoom. Carolyn S. opened the meeting at 10:05 am with the Serenity Prayer.

Present Were:

Board Members: Chair: Wanda C. (also Region 5 {R5} Representative and World Service Business Conference {WSBC} Delegate); Vice Chair: Carolyn S. (also R5 Representative); Recording Secretary: Laural R. (also Website Chair); and Acting Corresponding Secretary: Maureen R. (also keeper of SNI Meeting and Sponsorship Lists and Zoom Committee Chair)

Intergroup Representatives (IRs)

- Wednesday, 9:30 am St. Marcelline, Schaumburg: June L. (also Designated Downloader)
- Wednesday, 7:00 pm Stillwater, Barrington: Lauryl B.
- Thursday, 7:00 pm St. Giles Big Book, Northbrook: Penny N.
- Friday, 9:00 am Holy Trinity, Elgin: Diane McF.
- Friday, 10:00 am St. Benedict's Abbey, Benet Lake, WI: Susan M.
- Saturday, 8:00 am Libertyville: Paul A.
- Saturday, 10:00 am First Church, Crystal Lake: Christine C.G.
- Saturday, 11:00 am St. Giles, Northbrook: Cathy O'G.

-Lauryl B. read the Twelve Steps; Penny N. read the Twelve Traditions; Susan M. reflected on Tradition 8 (Fellowship); and Maureen R. read the short version of Concept 8 (Delegation).

-There were no changes and/or additions to the agenda.

-Wanda C. read the Standing Rules which were adopted.

-The July 8, 2023 Minutes were approved.

Reports/Questions/Clarifications: Reports from the Designated Downloader and the TSW Committee were sent out prior to the meeting. Updates and other reports are listed here.

Designated Downloader: June L. (Original report is posted on SNI website.)

WSO News Bulletin - July

<https://4cbgp.r.a.d.sendibm1.com/mk/mr/sh/1t6AVsd2XFniGKBRQMJoNIGYzeVJZ4/IvtK8L-1SjCS>

+ Sponsorship Day: August 18-20 — Recognizing the importance of sponsorship

1. To prepare for Sponsorship Day, OA has numerous resources • Lifeline stories and podcasts about sponsorship • Document Library resources (select category “Sponsorship”) • Bookstore items to support sponsorship

2. Are you a sponsor? Why not encourage your sponsees to step up to sponsorship?

+ What *is* an outside issue? See letter from Board of Trustees & WSBC Unity with Diversity Committee <https://media.oa.org/app/uploads/2023/07/11130303/what-is-an-outside-issue-are-we-being-open-minded-in-our-meetings.pdf>

+ New video “simplifies OA service and Bylaws”; see document library

<https://media.oa.org/app/uploads/2023/07/13121448/oa-service-and-bylaws-keeping-it-simple-clickthrough.pdf>

or <https://vimeo.com/844638247>

+ New Public Communications Policy “spells out clearly what OA considers to be attraction versus promotion when we communicate about OA in public media”

<https://oa.org/news/new-public-communications-policy-approved/>

Region 5

+ Reminder: 2023 Region 5 Virtual Convention: Stepping Into The Promises September 9 8am-4pmCDT
Register: <https://oaregion5.regfox.com/region-5-2023-virtual-convention>
Contact convention chair Mary Ann M. maryannpm2468@gmail.com or Deanna B. ddhope12@aol.com
for info regarding service opportunities <https://www.region5oa.org/wp-content/uploads/2023/02/OA2023ConventionFlyer.pdf>

Sponsorship Day (August 18-20) Programs

+Saturday, August 19 Sponsorship Day How Do You Carry The Message To Those Who Still Suffer?
7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

+Saturday, August 19 & Sunday, August 20 Sponsorship Weekend Noon-3pmCDT (both days)

<https://docs.google.com/document/d/1L0bXz8nLMuv3sd31EvgqpHGo7wCiOoA3RqQRhKNjovY/edit>

Zoom info: TBA

+Saturday, August 19 Celebrate Sponsorship Day 1-4pm CDT

<https://oaregion8.org/events/2023/08/celebrate-sponsorship-day.pdf>

Zoom info: Contact Stuart 225-975-8859

+Saturday, August 19 Sponsorship Workshop 4:00pmCDT or Sunday, August 20 Noon CDT

Zoom Link:

<https://us02web.zoom.us/j/81329490352?pwd=Y1ZsQmV3b0xXYzFoQlFJZHVwb1BoQT09>

+Sunday, August 20 Sponsorship: Swimming Through The Currents With A Sponsor 11am-1:30pmCDT

Zoom ID: 881 3069 7166

+Sunday, August 20 12-Step Meditation, Reading & Art Workshop Noon-2pm CDT

Zoom ID: 439 375 0613

+Sunday, August 20 Sponsorship Day 1-3pmCDT

Zoom ID: 820 0304 4272 Password: 82042

ADDITIONS TO DOWNLOADER REPORT

- Final Conference Report from the 2023 WSBC available at <https://media.oa.org/app/uploads/2023/05/04092637/final-conference-report-wsbc-2023.pdf>
- Take a short survey to help improve oa.org by September 1st at <https://oa.org/news/take-our-survey-share-your-thoughts-about-oa-org/>
- OA (paid) position open for World Service Office Managing Director. Please review the **Job Description**. This position is also posted in ZipRecruiter and LinkedIn. If interested, please email your resume, with a cover letter, to Overeaters Anonymous, Inc. at MDSearch23@gmail.com.

Chair Report: Wanda C. – Summer Region 5 Assembly

-R5 chair reported that there's a problem with filling service positions on all levels (meetings, intergroups, regions). Region 5 has a Vice Chair but will need to fill this position when elections are held at the Fall Assembly. Region 5 is still looking for a Digital Coordinator. -Region 4 is folding, and the Region 4 Intergroups will have the option to decide which, if any, will request to join Region 5. -Wanda confirmed that SNI is allowed two (2) WSBC Delegates and three (3) Region 5 Representatives.

-June L. attended as a visitor and reported that those attending were enthusiastic about doing service. She announced that the Region 5 Spring Assembly will be held in Cleveland, OH. Additionally, the 2024 Region 5 Convention will be hosted by the Cleveland IG on September 6-8, 2024 in Cleveland, OH.

-Christine C.G. attended as a representative. She reported that although the Assembly seemed rushed, it was good to see people who were so enthusiastic. She currently serves on the PIPO (Media) Committee,

which is focused on promoting poster parties to increase OA membership. She will be handing out poster party packets and posters to attendees at SNI's Recovery Event in October.

Vice Chair Report: Carolyn S.

- Carolyn serves on the Bylaws Committee and the Intergroup-to-Intergroup Committee. Two (2) Bylaw amendments will be presented at the Region 5 Fall Assembly. One amendment ensures that Region 5 wordings in documents are the same as WSO. The second amendment refers to voting and specific delegate deadlines. -Carolyn S. is actively encouraging the Monday Big Book Meeting to sponsor a workshop in the Spring.

Treasurer Report: Neal M. (Not Present; No Report)

Secretary Report: Laural R.

-The SNI website is up for our yearly renewal. It will be automatically renewed for \$179.00 on September 3, 2023. John C. is currently listed as the "owner" of the account. He is looking for someone to assume this position. There were no volunteers. -After a discussion, it was decided that SNI might offer John a monthly stipend to continue as "owner". Another option was to ask Laural's husband. Laural will speak with her husband and contact John regarding this issue. The final option would be to close our website. -June L. suggested that SNI add any website procedures in the SNI Policy and Procedures Manual.

Acting Corresponding Secretary: Maureen R.

-No changes to the Meeting List.

-Maureen will investigate how to manage the problem of attendees needing to register when they are trying to join the SNI meeting. -Christine C.G. will now co-host all SNI meetings.

Business

Fall Twelve Step Within (TSW) Recovery Event

- Walking Your Life Through Meditation: Your Spiritual Path to Recovery on Saturday, October 7, 2023 from 1 to 4 p.m. at Kingswood United Methodist Church in Buffalo Grove
- Decided to have only three (3) speakers (Wanda C., Diane McF., Carolyn S.) due to scheduling issues. Speakers need to email Maureen R. the information for the event folders by August 15, 2023. (Will accept a week later.) Laural R. will emcee the event.
- The event flyer design was approved. SNI members are encouraged to start publicizing the event at meetings.

After a short meditation, Chair Wanda C. closed the meeting at 12:02 pm with the reading of the Seventh Step Prayer.

Respectfully submitted,
Laural R.
SNI Recording Secretary

NEXT SNI MEETING
Saturday, September 2, 2023
10 am to 12 pm
ZOOM ONLY