

SNI MEETING MINUTES for Saturday, October 7, 2023

The regular meeting of the Suburban North Intergroup (SNI) was held In-person and on Zoom on Saturday, October 7, 2023. Chair Wanda C. opened the meeting at 10:15 am with the Serenity Prayer.

Present Were:

Board Members: Chair: Wanda C. (also Region 5 {R5} Representative and World Service Business Conference {WSBC} Delegate); Vice Chair: Carolyn S. (also Region 5 {R5} Representative); Acting Treasurer: Neal M.; Recording Secretary: Laural R. (also Website Chair); Acting Corresponding Secretary: Maureen R., (also keeper of SNI Meeting and Sponsorship Lists and Zoom Committee Chair)

Intergroup Representatives (IRs)

- Monday, 6 pm St. Simons Big Book Meeting: Shari D.
- Wednesday, 9:30 am St. Marcelline, Schaumburg: June L. (also Designated Downloader)
- Wednesday, 7:00 pm Stillwater, Barrington: Lauryl B.
- Thursday, 7:00 pm St. Giles, Northbrook: Penny N.
- Friday, 9:00 am Holy Trinity Lutheran Church, Elgin: Diane MC.
- Friday, 10 am St. Benedict's Abbey, Benet Lake, WI: Susan M.
- Saturday, 10:00 am First Church, Crystal Lake: Christine C.G.
- Saturday, 11:00 am St. Giles, Northbrook: Cathy O'G.

Visitors

- Deanna B.
- Kathryn L.
- Karen M.
- Lynn P.

-Lauryl B. read the Twelve Steps; Deanna B. read the Twelve Traditions; Neal M. reflected on Tradition 10 (Neutrality); and Diane MC read the short version of Concept 10 (Clarity).

-There were no changes and/or additions to the agenda.

-Christine C.G. read the Standing Rules which were adopted.

-The September 2, 2023 Minutes were approved with one minor spelling correction.

Reports/Questions/Clarifications: The Designated Downloader Report and a draft of the September 2, 2023 Minutes were posted on the SNI website. The Website Report and the Bylaw and Policy and Procedures Motions were sent out in the SNI Eblast. Updates and other reports are listed here.

Designated Downloader: June L. (Original report is posted on the SNI website.)

WSO News Bulletin - September

<https://4cbgp.r.a.d.sendibm1.com/mk/mr/sh/1t6AVsd2XFnIGKBRQMJoNIGYzeVJZ4/b5skYa5UO1VJ>

+ Upcoming: International Day Experiencing Abstinence (IDEA) November 17–19

OA resources to support abstinence:

- *Abstinence, Second Edition book*
- Abstinence Literature Resource Guide
- Abstinence Presentation
- Difference Between Abstinence and a Plan of Eating Workshop
- IDEA Workshop
- Lifeline: Stories of Recovery

- Recovery Insurance Policy
- Strong Abstinence Checklist and Writing Exercise
- The Simplicity Project

+ Mental Health And Recovery: **Share your story for a new publication** (see flyer); due November 30
<https://media.oa.org/app/uploads/2023/09/12083753/mental-health-and-recovery-call-for-stories-flyer.pdf>

+ OA Annual Appeal Contributions Still Welcome: oa.org/contribute; drop-down menu item “2023 Annual Appeal”

+ **Encourage your meeting groups to read step stories on Lifeline to support your step work/study**
<https://lifeline.oa.org/>

+ New OA Managing Director: Dan Sandweiss <https://oa.org/news/new-managing-director-hired-to-lead-oa-world-service-office/>

+ WSBC 2024 <https://oa.org/news/upcoming-deadline-dates-world-service-business-conference-2024/>

Region 5

Fall Assembly – Attend Friday, October 27 Intergroup Sharing Meeting on Zoom at 7:10pmCDT;
 register as Intergroup Sharing Virtual Visitor <https://oaregion5.regfox.com/region-5-2023-fall-assembly>;

see Packets **A (POSTED)** & **B (WILL BE POSTED ON 10/13)** for Assembly documents

<https://www.region5oa.org/wp-content/uploads/2023/09/Packet-A-Combined-Print-Document.pdf>

Events

Monday, October 9 Indigenous Peoples’ Day Forgiving Ourselves and Others - Living In The Freedom of Recovery

7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Saturday, October 21 If Nothing Changes Nothing Changes 8am-4pm CDT **Sponsored by Footsteps**
Zoom: ID – 914 99956265 Passcode – 1212

Saturday, October 28 Abstinence Through The Holidays 11am-10pmCDT

Zoom ID: 963 218 9907 Password: Recovery

Tuesday, October 31 Halloween Nothing Changes If Nothing Changes - How Have I Surrendered in My Recovery?

7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

Tuesday, October 31 Halloween Holiday Zoomathon 8am-1pmCDT

Zoom ID: 959 959 1828 Password: 718863

Chair Report: Wanda C. (No Formal Report)

Vice Chair Report: Carolyn S. (No Formal Report)

-Still excited about what SNI, Region 5, and WSO is accomplishing and continues to learn so much.

Acting Treasurer Report: Neal M. (No Formal Report)

-No activity in August and September. -Reimbursed John C. for website fee. -Insurance (\$500.) due in November.

Recording Secretary Report: Laural R. (No Formal Report)

-Website Report was sent out in SNI Eblast.

Acting Corresponding Secretary Report: Maureen R.

-Welcomed Shari D. the new representative for the Monday 7:00 pm Big Book Meeting. -Printing costs have increased. Must plan for that increase when planning our next event.

Business

SNI Bylaw and Policy and Procedure Manual Proposed Motions

- Move to amend SNI Bylaws Article III, Section 4 allowing non-elected volunteers fulfilling the duties that normally would be that of an elected officer to vote was passed.
- Move to amend the SNI Policy and Procedure Manual, Article I, Section D, Paragraph 6 allowing non-elected volunteers fulfilling the duties that normally would be that of an elected officer to vote was passed.

Elections were held. The results are as follows:

Vice Chair	Susan M.
Treasurer	Carolyn S.
Recording Secretary	Laural R.
Corresponding Secretary	Maureen R.
Region 5 Representatives	Christine CG. Carolyn S.
Region 5 Alternate	Diane MC.
WSBC Delegate	Carolyn S.

NOTE: SNI Chair Wanda C. automatically serves as a Region 5 Representative and a WSBC Delegate.

Wanda C. closed the meeting at 11:51 am with the Seventh Step Prayer.

Respectfully submitted,
Laural R,
SNI Recording Secretary

NEXT SNI MEETING
Saturday, November 4, 2023
10 am to 12 noon