

## **SNI MEETING MINUTES for Saturday, March 2, 2024**

The regular meeting of the Suburban North Intergroup (SNI) was held on Zoom on Saturday, March 2, 2024. Chair Wanda C. opened the meeting at 10:01 am with thirty (30) seconds of silent reflection followed by the Serenity Prayer.

### **Present Were:**

Board Members: Chair: Wanda C. (also Region 5 {R5} Representative and World Service Business Conference {WSBC} Delegate); Vice Chair: Susan M. (also Bylaws Chair); Treasurer: Carolyn S. (also WSBC Delegate and R5 Representative); Recording Secretary: Laural R. (also Website Chair); Corresponding Secretary: Maureen R. (also keeper of SNI Meeting and Sponsorship Lists and Zoom Committee Chair)  
-SNI R5 Representative: Christine CG

### Intergroup Representatives (IRs)

- Wednesday, 9:30 am St. Marcelline, Schaumburg: June L. (also Designated Downloader)
- Wednesday, 7:00 pm Stillwater Alano Club, Barrington: Lauryl B.
- Thursday, 10:00 am Northbrook: Pat H.
- Thursday, 12:00 pm First Church, Crystal Lake: Lynn P. (IG Alternate: Diane Mc.)
- Friday, 10:00 am St. Benedict's, Benet Lake: IG Alternate: Joanne H.)
- Saturday, 8:00 am Libertyville: Paul A.
- Saturday, 10:00 am First Church, Crystal Lake: Judy M.

-Diane MC. Read the 12 Steps; Pat H. read the 12 Traditions and reflected on Tradition 3 (Identity); and Maureen R. read the long version of Concept 3 (Trust).

-No additions and/or changes were made to the agenda.

-Wanda C. read the Standing Rules which were adopted.

-The February 3, 2024 minutes were approved.

**Reports/Questions/Clarifications: The Designated Downloader Report, SNI Meeting List, and February 3, 2024 Minutes were posted on the SNI website. The Treasurer Reports, Corresponding Secretary Report, Intergroup Representatives/Contact Persons List, and Twelve Step Within (TSW) Reports were sent out in the SNI Eblast. Updates and other reports are listed here.**

Designated Downloader: June L. (Full Report is posted on the SNI website.) Additional Downloader information not included in the full report is listed below.

### **WSO News**

+New Letter Template Can Help You Carry the Message to Health Care Educators and Their Students  
OA's Public Information and Professional Outreach (PIPO) Committee has just released a new letter template, titled [Assisting Medical and Health Care Students and Professionals](https://oa.org/news/new-letter-template-can-help-you-carry-the-message-to-health-care-educators-and-their-students/).

<https://oa.org/news/new-letter-template-can-help-you-carry-the-message-to-health-care-educators-and-their-students/>

+New E-book! Public Information and Professional Outreach Service Manual

Find the e-book links on the [Public Information and Professional Outreach Service Manual product page](#) in our bookstore, or click on one of the links below to find your favorite third-party e-reader:

[Amazon Kindle](#), [Barnes & Noble Nook](#), [Apple Books](#)

### **Events**

+Saturday, March 16 Spring Into Action Workshop Noon-2pmCDT

Zoom ID: 837 1100 7258 Password: 031624

+Sunday, March 24 An Incredible Story Of Transformation 1-4pmCDT

<https://www.njioa.org/manage/wp-content/uploads/2024/02/Story-of-Transformation-32424.pdf>

Zoom ID: 843 0207 6277 Password: 032024

+Sunday, March 24 Hope Springs Eternal In OA 2:30-3:30pmCDT

Zoom ID: 841 5995 0310 Password: 030886

+Saturday, March 30 35th Birthday Celebration 9-11amCDT

Zoom ID: 834 5250 9983 Password: 117368

Chair Report: Wanda C.

-SNI's second goal is "strengthening SNI by visiting all our groups." As part of this goal, Wanda visited the Monday 6 pm St. Simon's Meeting, which was a "good experience with a strong meeting format."

-Wanda will be attending the R5 Spring Assembly March 8-10 in Independence, OH with three (3) other members of SNI. She encouraged everyone to register for the Friday evening Intergroup Sharing Zoom.

Vice Chair Report: Susan M.

1. Last month SNI recommended reinstating the "liaison" program. Susan will contact those groups without a representative to ask if a person from the group would act as a liaison. The liaison would receive SNI emails, so every group knows what SNI, R5, and WSO is doing.
2. PIPO – The IG is supposed to help meeting groups with advertising their meetings to keep their membership strong. OA has Public Service Announcements (PSAs) that are available to be distributed. Let Susan know if you are interested in working on the PIPO Campaign. Region 6 is hosting a Public Information Campaign Forum on March 17, 2024 from 3 to 4 pm CT on Zoom. (Meeting ID: 828-1250-0552 Passcode: 811927). Please plan on attending, if interested in working on PIPO.
3. Our SNI Standing Committees need revitalization. Susan suggested that everyone pick a committee or two in which they are interested. One or two of these committees might meet each month as part of the SNI meeting or meet outside of the SNI meeting, like the TSW committee has been doing.

Treasurer Report: Carolyn S.

-Carolyn and Neal M. (past SNI Treasurer) are sharing the responsibilities of the position during this transition. They plan on meeting as soon as possible to complete the transition.

Recording Secretary Report: Laural R. (also Website Chair) No Formal Report

Corresponding Secretary Report: Maureen R.

-There are 26 active meeting groups. Eight (8) groups do not have an IR. –The SNI Meeting List has been updated as of February 27, 2024. All corrections have been made.

## **Business**

2024 Agenda Questionnaire: Susan M.

SNI voted on the five (5) Policy Proposals and the sixteen (16) Bylaw Proposals. The votes will be reported to WSBC and are listed below.

Policy Proposals:

A – Change the statement on abstinence to "working toward or maintaining a healthy body." (YES)

B – Updates the invitation for members to attend open Board of Trustee meetings. (YES)

C – Simplify the wording of delegate term limits. (YES)

D – Require board to avoid major religious holidays when scheduling WSBC and other meetings. (YES)

E – Revise meeting registration to allow meetings to indicate number of times per week they meet. (NO)

### Bylaw Proposals:

- 1 – Create a 2-year rotation in which WSBC would alternate between being held in person & virtually. (YES)
- 2 – Change trustee eligibility requirement of service at the regional level from dependent on the region to include at least 2 years in the last 7 for all trustees. (YES)
- 3- Remove the requirement of 55% of registered groups in order to change steps & traditions. (NO)
- 4 – Change the wording of Steps 3, 7, & 11 to remove mention of gender in reference to God. (NO)
- 5 – Change the wording of Tradition 2 to remove mention of gender in reference to God. (NO)
- 6 – Add intergroups as potential participants in Special Focus Service Boards. (YES)
- 7 – Specifically address the Board of Trustees responsibility in determining the “manner & method” for meetings rather than just a place within the USA. (YES)
- 8 – Update the trustee nomination procedure. (YES)
- 9 – Limit the number of years a member may serve as trustee to 9 years total instead of 8 consecutive years. (YES)
- 10 – Clarify who may speak at WSBC. (YES)
- 11 – Shortens the time delegates must be selected from 70 days to 50 days before conference. (YES)
- 12 – Updates how notice of WSBC will be transmitted (electronically). (YES)
- 13 – Limits submissions of bylaw amendment proposals to be only from service bodies. (YES)
- 14 – Create a 2-year rotation in which WSBC would alternate between being held virtually and hybrid (with only the board being face to face). (NO)
- 15 – Allow the Board to have all or part of WSBC meet virtually, even when not an emergency. (YES)
- 16 – Adds process for assigning trustee liaisons. (YES)

### **Intergroup Renewal Goals**

TSW Event Planning: Maureen R.

When: Saturday, April 6

1 to 4 p.m.

Where: Kingswood United Methodist Church, Rm. 114

401 W. Dundee Rd., Buffalo Grove

What: Abstinence Evolving Through the Twelve Steps (In-Person only)

(Speakers, Sharing, Fellowship, Discounted Literature)

Please bring a journal.

\$5 donation

- Specifics are included in the TSW Reports which were sent out in the SNI Eblast.
- Next Planning Meeting is scheduled for Thursday, March 7 at 4 pm on Zoom. (Meeting ID: 296-842-6418 Passcode: 013291)

Chair Wanda C. closed the meeting at 11:49 am with the Seventh Step Prayer.

Respectfully submitted,

Laural R.

SNI Recording Secretary

**Next SNI Meeting:** Saturday, April 6, 2024 (HYBRID Meeting)

10 am to 12 noon

In-Person meeting at Kingswood United Methodist Church

On Zoom (Meeting ID: 296-842-6418 Passcode: 013291)

Final Corresponding Secretary Report: For 3/2/24 SNI meeting.

MEETING LIST Report: There are currently 26 active SNI groups: 7 groups are F2F; 17 groups are Zoom and 2 groups are Hybrid. As of 2/3/24 the NEW combined Meeting List, Intergroup Reps (IR's) and Contact Persons (CP's) list is kept current.

Updates:

-#8. Tuesday 7:00 pm Zoom. McHenry Co. Tuesday Men's'. Change Contact Persons name to Mike H. (Not Mike G.).

-#19. Friday 9:00 am Zoom, Trinity Lutheran, Elgin. NEWy (as of 3/1/24) ID#: 840 4809 6877, PC#: 719 337.

-#26. Saturday 2:30 pm Zoom. NWCH. Contact Person, Roger C.'s corrected Telephone number is: 815-742-4504 (Not ....4204).

ZOOM REPORT: Nothing to report this month.

NEW SNI Intergroup Renewal Goals:

SNI Intergroup Representatives (IR's).

-M-F 8:00 am, Zoom, OA Daily Check-In/Meditation. IR & CP is Christine CG. 847-791-2843.

-Saturday 10:00 am Zoom Crystal Lake, 'Relapse Prevention'. IR: Judy Munson. Tel. #847-373-8498, email: [judy4kiki@yahoo.com](mailto:judy4kiki@yahoo.com).

Out of 26 groups there are 18 (of which 5 groups have one IR) with IRs and 8 groups without IRs: It was suggested a liaison be found (other than the IR, Contact Person & SNI Corresponding Secretary) to encourage participation/representation in SNI.

1. Group #3. Monday, 10:00 am (Zoom) Cong Beth Shalom, NB.
2. Group #5. Monday, 7:00 pm (F2F) Niles Senior Center.
3. Group #6. Monday 7:00 pm (Zoom) 'North Suburban Chicago Zoom'.
4. Group #11. Wednesday 1:00 pm (F2F) 1<sup>st</sup> Presb. Church, Lake Forest.
5. Group #13. Wednesday 7:00 pm (Zoom) 'Morton Grove Illinois Miracle's'.
6. Group #19. Friday, 9:00 am (Zoom) Holy Trinity, Elgin.
7. Group #20. Friday 10:00 am (Zoom) St. Benedict's Abby, Benet Lake.
8. Group #26. Saturday, 2:30 pm (F2F) NWCH, Arlington Heights.

One IR for each group allowed for voting purposes. An ongoing goal is SNI Volunteers continue to reach out to groups by calling/attending meetings to 'spread the word 'that representation and participation in SNI provides opportunities to serve and grow beyond the group level

Respectfully submitted,  
Maureen R.  
Corresponding Secretary

**TSW REPORT: 2/8/24** (4 pm to 5:16 pm).

**April 6, 2024 Spring Recovery Event: 'Abstinence Evolving Through The 12-Steps'.**

**Attendees:** Maureen R., Wanda C., Carolyn S., Paul A., Pat H., Lauryl B. (Absent: Laural R., Diane MC. Neal M. and Cathy OG. Meeting opened with the Serenity Prayer.

**Venue** discussed between Kingswood room #114 @ \$250.00 (from 10 am to 4 pm) and Alcott Center Room #8 @ \$225.00 from 10 am to 4 pm OR Room #8 @ approximately \$112.50 (from 1 pm to 4 pm). Then, SNI Meeting 10 am to 12 noon would occur at BG Youth Center. Majority wanted Kingswood. Presented Alcott as less expensive option. Venue location to be discussed again.

**Topics** discussed considering 'anything 12-Steps'. The decided topic: 'Abstinence Evolving through the 12-Steps'.

**Theme:** St. Patrick's Day/Gook Luck!, green and white decor, etc. Discuss further for other ideas & who can head, etc.,

**Emcee:** Carolyn S. Volunteered

**Speakers** (2 male & 2 female): See below schedule for names, timeframes, etc. (Nancy Joerg volunteered to be a backup speaker). One more female speaker is pending. Each speaker will speak then audience participation in written exercise/sharing/questions etc relevant to the Steps each speaker spoke to.

**Folders:** What/how many page(s) do speakers include in the audience folders along with TSW's four? Cost/budget.

**Flyer Development:** Maureen will contact Penny N. to assist in developing/designing. Flyer Distribution/eblast goal is by the first week of March.

**PRELIMINARY FORMAT: (1st draft):**

**-10:00 AM-12:00 Noon:** 2 Hours. Room 114 B/C, SNI Monthly Meeting.

**-12:00 N-12:30 PM:** 30 Minutes. Room 114 B/C, Lunch

**-12:30-1:00 PM:** 30 Minutes. Room 114 B/C, TSW Committee members and ALL volunteers **REPORT** to set up: **Water & Banners:** (Laural R. & Neal M. ?), **Cooler and Ice:** (Wanda C. & Neal M.?), **Registration table** outside of room 114 B/C (Maureen R.) accepting \$5.00 donations and hand out folders, **Poster Party ? (?)**, **Used Book Sale Table, etc. (?)** and **Greeters (?)** at the Front East Entrance to welcome and direct people to Room 114 B/C. During the **BREAK** greeters point out the washrooms. And, at the end of the Event, direct people to the East exit doors.

**-1:00 PM-1:20 PM:** 20 Minutes. Emcee: (Carolyn S.) **WELCOMES** all to SNI's Spring Event 'Abstinence Evolving Through the 12-Steps' and **OPENS** with the Serenity Prayer, provides a **general outline** of Event: "Today there will be four speakers with written exercises, sharing and questions. The break will be after the first two speakers and the washrooms, exits and vending machines (if available) are over there (point?)". **ANNOUNCES:** "Are there any announcements?". Can state the availability of the Free download for the Newcomer Pamphlet 'Where do I Start?' at [oa.org](http://oa.org). Can **SUGGEST:** 1. Going to the SNI Website: [oachicagosni.org](http://oachicagosni.org) for valuable information and/or to write a story about their experience, strength and hope' to 'spread the word'; 2. Have Audience write questions & take notes for exercises/sharing; 3. Encourage Audience to follow the **TIMERS** (Emcee Introduces: ?) 'gentle reminder' when a 2-3 minute share is completed.

-Emcee **Introduces READERS:** (Lauryl B.?) reads 'Our Invitation To You' including the '12-Steps'; (?) reads 'The 12 Traditions; and (Maureen R.?) reads the 'OA Speakers Statement'.

**-Emcee Introduces SPEAKERS:**

1. **1:20-1:50 PM:** 30 Minutes (10-15 minute speech with 15-20 minute exercise/shares/questions). **Ed P.** Steps 1-2-3.

2. **1:50-2:20 PM:** 30 Minutes (10-15 minute speech with 15-20 minute exercise/shares/questions). **Scott D.** Steps 4-5-6.

**TSW REPORT: 2/22/24** (4 pm to 4:55 pm).

**April 6, 2024 Spring Recovery Event: 'Abstinence Evolving Through The 12-Steps'.**

**Attendees:** Maureen R., Carolyn S., Paul A., Pat H., Lynn P., Lauryl B., Loral R., Diane MC. Meeting opened with the Serenity Prayer.

**Venue:** Kingswood room #114 @ \$250.00 (from 10 am to 4 pm) was the final venue choice after further reconsideration of the other options at Alcott. Maureen will sign contract and pay to secure reservation. SNI Insurance copy needs to be emailed to Kingswood again (Neal? Carolyn?).

**Event Topic and Flyer:** 'Abstinence Evolving through the 12-Steps'. Completed flyer presented and voted to accept with revision of 'In-person Event' rather than 'face-to-face meeting'. In address below picture delete 'room 135' as we now have room 114. **Decor/Theme:** Spring colors (as are the pastel folders) pink, yellow, violet, light green. St. Patrick's Day, green and white decor, etc. Pat H., Lynn P. and Josephine C. volunteered. Suggested 2 spring bouquets on each of the six rectangular tables, with one at registration.

**Emcee:** Carolyn S. Volunteered

**Speakers** (2 male & 2 female): See below schedule for names, timeframes, etc. Ed P. Had to cancel as he will be out of town. Paul A. to explore another male speaker replacement. Nancy Joerg volunteered to be a backup speaker. One male speaker is pending. Each speaker will speak then audience participation in written exercise/sharing/questions etc. relevant to the Steps each speaker spoke to.

**Folders:** Speakers will be asked to provide one sheet each for a handout and/or exercise (on opposite side) they wish to include in the audience folders. TSW's handouts will include the Event Evaluation, note paper and a half sheet of 2 abstinent prayers. Will also copy 10 each of the MIA Convention Flyer and 10 of The Port Retreat for 'spreading the word'/distribution. Estimated attendance is approximately 35. The budget for making copies around \$30-40 dollars. Volunteers for putting together the flyers are Jenny S. and Pat H. and Maureen R.

**Corrected Flyer Distribution/ebblast** will be right before the March 2nd SNI meeting.

**Literature Donation:** Lauryl B. Volunteered to head the Literature Sales Table and be a reader. Pat H. Volunteered to provide additional used and new literature. Diane Mc. Volunteered items for the registration table.

**NOTE:** There will be no Poster Party and no Raffle.

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