### SNI MEETING MINUTES for Saturday, April 6, 2024

The regular meeting of the Suburban North Intergroup (SNI) was held as a Hybrid meeting on Saturday, April 6, 2024. Chair Wanda C. opened the meeting at 10:10 am with thirty (30) seconds of silent reflection followed by the Serenity Prayer.

### **Present Were:**

<u>Board Members:</u> Chair: Wanda C. (also Region 5 {R5} Representative and World Service Business Conference {WSBC} Delegate; Vice Chair: Susan M.; Recording Secretary: Laural R. (also Website Chair); Corresponding Secretary: Maureen R. (also keeper of SNI Meeting and Sponsorship Lists and Zoom Committee Chair)

-SNI R5 Representative: Christine CG Intergroup Representatives (IRs)

- Wednesday, 9:30 am St. Marcelline, Schaumburg: June L. (also Designated Downloader)
- Wednesday, 7:00 pm Stillwater Alano Club, Barrington: Lauryl B.
- Thursday, 12:00 pm First Church, Crystal Lake: Lynn P.

### Visitor

- Deanna B. (former SNI Chair and R5 Vice Chair)
- -Chair Wanda C. recognized Christine CG for her past four (4) years of service, as the outgoing rep from the Saturday, 10:00 am First Church, Crystal Lake meeting, and as a SNI R5 Representative. Duly elected alternative Diane Mc will become the SNI R5 Representative effective immediately.
- -Lauryl B. read the 12 Steps; Christine CG read the 12 Traditions; Lynn P. reflected on Tradition 4 (Autonomy); Maureen R. read the long version of Concept 4 (Equality).
- -There were no changes/additions to the minutes.
- -Wanda C. read the Standing Rules. She moved that the word "pager" be removed. After discussion, SNI voted to keep the word "pager" in the Standing Rules.
- -The March 2, 2024 Minutes were approved with two (2) housekeeping changes.

Reports/Questions/Clarifications: The Designated Downloader Report, SNI Meeting List, Vice Chair Report, and TSW Report were sent out in the SNI Eblast. The March 2, 2024 Minutes were posted on the SNI website, as was the Designated Downloader Report and the SNI Meeting List.

<u>Designated Downloader:</u> June L. (Full Report is posted on the SNI website). **WSO News Bulletin - March** 

https://4cbgp.r.sp1-brevo.net/mk/mr/sh/1t6AVsd2XFnIGKBRQMJoNIGYzeVJZ4/fuy8e7PH9Ca9

- + World Service Business Conference (WSBC) e-Documents: Agenda Questionnaire Final Results, Trustee Nominee Applications, and *OA Handbook for Members, Groups, and Service Bodies* draft manuscript (WSBC 2024 Questionnaire Final Results-Total Responding Service Bodies=125; Read Board of Trustee nominee bios & give any feedback to SNI WSBC Delegates; New Document available for perusal. Not available for public) <a href="https://oa.org/world-service-business-conference/">https://oa.org/world-service-business-conference/</a> + Document Updates: OA Literature Order Form, OA Literature Catalog, and OA-Approved Literature List
- +OA Survey Recovery: What Works for You? (Please take the survey.)
- \*Assist committee with literature revision by sharing
- \*Take the survey here. (open until June 15)

# Region 5

+ Spring Assembly (held March 8-10) Packet C - 12 documents, including minutes & committee/sub-committee reports. (Packet C is now available.)

https://www.region5oa.org/region-5/assemblies/spring-assembly-march-8th-10th-2024/

- + Milwaukee Preconvention Workshop/Convention Friday, April 12-Sunday, April 14
- \*See flyer for workshop/convention themes, registration, pricing, hotel information https://www.oamilwaukee.org/wp-content/uploads/Convention-flyerv001-1.pdf
- + The Traditions in And Out Of Your Meetings Workshop Saturday, April 13 1-4pm
- \*Epiphany Lutheran Church Elmhurst, IL
- \*Register before April 12: Email <u>oagerrim@yahoo.com</u> or Text 630-935-631 https://www.chiwifoa.org/wp-content/uploads/OA-Traditions-Workshop-1.pdf
- + Spring Retreat The Recovery Highway Friday, April 19-Sunday, April 20
- \*Portiuncula Center For Prayer Frankfurt, IL
- \*Registration: By April 10 to avoid late fee; see CSSI Bulletin for form/info <a href="https://www.region5oa.org/wp-content/uploads/wpforms/678-">https://www.region5oa.org/wp-content/uploads/wpforms/678-</a>

1e7b0c60c42ed192b2de8b356a8382b4/CSSI-Bulletin-March-2024-1-

3bf2e054c59a9d970c1aa4292338b3f4.pdf

- + Region 5 Convention: "Welcome Home" September 6-8 (Registration now open.)
- \*Holiday Inn Cleveland South Independence, OH
- \*Registration: <a href="https://www.region5oa.org/wp-content/uploads/2024/01/A19\_Convention-Registration-2024-Final.pdf">https://www.region5oa.org/wp-content/uploads/2024/01/A19\_Convention-Registration-2024-Final.pdf</a>

#### **Featured Events**

+Tuesday, April 9 Ramadan Ends Being Fully Authentic and True To Myself, In OA And In My Life 7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

+Monday, April 22 Passover Carry the Message To Those Who Still Suffer

7am-11pmCDT (Phone Marathon — Meeting every hour)

Phone: 712-432-5200 Conference ID: 4285115#

# Chair Report: Wanda C.

- -Four (4) SNI members attended the R5 Spring Assembly. Had a great time! -Serving on two (2) R5 Committees Media and Everything IG. Media will focus on writing articles for R5. Everything IG's goal is welcoming the four (4) IGs from disbanded Region Four (R4) into R5, designing a new R5 logo, and determining how to welcome in new Representatives (Green Dots).
- -Lynne P. and Deanna B. are traveling to Egan, MN for a retreat with one of the IGs from Region 4 (R4) that will be joining R5. Deanna B. will contact the R5 Vice Chair about welcoming them into our region while there.
- -Wanda asked R5 Representative Christine CG to add her comments about the Spring Assembly.
- -Christine CG added the following: 1) Wonderful, lots of energy, fun, very motivating. 2) Good number of representatives and several visitors attended. 3) WSO needs donations. Selling literature from the OA website has decreased because books can be purchased from other sources (Amazon). 4) The R5 September Convention sounds exciting. Please attend, if possible. 5) R5 is looking for Recovery articles for the website. 6) Push PIPO activities (poster distribution). 7) Working on on-line networking ideas. -Christine CG is very grateful for her time at SNI and thanks Judy M. and Diane Mc for assuming her duties. She reminded us that when we carry the OA message, it helps our own recovery.

<u>Vice Chair Report:</u> Susan M. (Full Report sent in SNI Eblast and attached at end of minutes.)

-Susan M. has purchased the new PIPO Manual. -She visited the Monday, 10:00 am and Friday, 9:00 am meetings. Both are strong. -The Saturday, 10:00 am Zoom meeting is very small and needs our support. -Very important for SNI to look at our Bylaws and Policies and Procedures. IG members need to become familiar this information, so they have a better grasp of their duties and responsibilities.

<u>Treasurer Report</u>: Carolyn S. (No Report)

# Recording Secretary Report: Laural R.

-Find the full downloader report, list of SNI meetings, links to other OA sites, and much more at <a href="https://www.oachicagosni.org">www.oachicagosni.org</a> -There were 68 visitors and 186 views of our website in a 30-day period (November 18-December 18, 2023). -Recovery Stories are needed. If you'd like to share your experience, strength, and hope, please email your piece to lareinhart@comcast.net

# Corresponding Secretary Report: Maureen R.

-Four (4) IG reps have resigned: Mollie M. (Monday 10:00 am, Northbrook), Christine CG (M-F 8:00 am Check-In), Julie S. (Thursday 7:00 pm St. Giles), and Cathy O'G (Saturday, 11:00 am St. Giles).

#### **Business – Committees**

# Public Information, Professional Outreach (PIPO)

-SNI is dedicated to increasing their focus on "carrying the message" through various PIPO activities, including OA poster distribution and talking to our various health care providers when we visit. A handout was sent out in the SNI Eblast.

#### **Bylaws**

-SNI will add ten (10) minutes to their monthly agenda for a Handbook Orientation. Each month, a few sections of the handbook will be reviewed. IG reps can ask questions, add comments, and learn more, so they can serve their meeting groups with greater understanding and confidence. -Susan M. will oversee the monthly timeline. -This information will be communicated in the "What to Bring Back to Your Meeting Groups" which is emailed directly after each month's meeting and in the SNI Eblast which is sent out immediately prior to our monthly meeting.

### **Intergroup Renewal Goals**

#### **TSW**

-Chair Maureen R. reviewed the April 6 Recovery Event "Abstinence Evolving Through the Twelve Steps" format. -All volunteer spots were filled, and last-minute changes were communicated.

Chair Wanda C. closed the meeting at 11:45 am with the Seventh Step Prayer.

Respectfully submitted, Laural R. SNI Recording Secretary

Next SNI Meeting: Saturday, May 4, 2024 (ZOOM ONLY)

10 am to 12 Noon

Meeting ID: 296-842-6418 Passcode: 013291

# April 2024 SNI Vice Chair report

- We currently have 4 meeting liaisons. I have reached out (personally or through others) to several meetings and am waiting for some of the results. The meetings that currently have neither a representative nor a liaison are:
  - a) Monday 7 pm zoom
  - b) Monday 7 pm face to face
  - c) Wednesday 7 pm zoom
  - d) Thursday 7 pm face to face
  - e) Friday 9 am zoom
  - f) Saturday 10 am zoom
  - g) Saturday 11 am face to face
- I recommend that each group look at the current suggested meeting formats to see if there is anything you would like to update in your meeting format.
- I attended the Region 6 Forum on PI. (Region 6 hosts forums monthly covering topics of interest to their intergroups. All are welcome.) Here are some of the ideas presented:
  - a) Have a kiosk/table at local college health fairs.
  - b) Have a table in local hospitals.
  - c) Put posters in elevators.
  - d) Put posters in super markets, libraries, etc.
  - e) Put brochure holders in offices with labels for where to call for refills.
  - f) Billboards and bus signs.
  - g) Offer speakers for doctor clubs.
  - h) Take PSAs to local TV and radio stations.
  - Google ads on Facebook.
- 4) I hope to participate in the Region 8 PIPO workshop April 20 Noon to 1:30 pm Central Time (though I may be traveling at that time) via Zoom. I hope some of you will also be able to participate.
- 5) I was a guest at the Region 5 spring assembly.
  - a) I had forgotten how good it was to be at assembly. I highly recommend working toward being a Region 5 Representative.
  - b) Heard in a committee meeting: God bless the flexible; they never get bent out of shape!
  - I served on the Bylaws Committee and continue to serve on the Everything Intergroup Subcommittee.
  - d) The idea of reaching out to universities/colleges is attractive. I believe there are several within SNI's geographic area.
- 6) I also recommend going to as many OA conventions as you can.
  - The Milwaukee Area Intergroup is hosting on April 12-14 at the Sheraton Brookfield in Brookfield, WI.
  - Region 5 is hosting one September 6-8 at the Holiday Inn Cleveland South in Independence OH.
- 7) All the proposed WSBC motions made it to the agenda.
  - a) I am looking forward to being a Region 5 Delegate.

### RECOVERY EVENT FORMAT: Saturday April 8, 2024 Kenwood UMC Room #114.

- -10 am to 12 noon: (2 hrs). SNI Monthly Meeting.
- -12:00 noon to 12:30 pm: (30 mins). Lunch
- -12:30 pm to 1:00 pm: (30 mins). All TSW Committee & Volunteers REPORT TO SET UP: Water & Banners (Laural R., later Lynn P.; Cooler & Ice: (Wanda & Neal?); Registration Table (Maureen R.) accepting \$5.00 donations, hands out folders; Used/New Book, etc. Sale Table (Lauryl B.); Greeters (Jenny S. & Christine CG) at front EAST entrance to welcome & direct people to room 114. During BREAK, greeters point out rest rooms/vending machines. And at the conclusion of the Event, direct people to the EAST exit doors.
- -1:00 pm to 1:20 pm: (20 mins). Emcee (Carolyn S.) WELCOMES all to SNI's Spring Recovery Event 'Abstinence Evolving through the 12-steps' and OPENS with the Serenity Prayer, provides a general overview of the Event, e.g. "There will be four speakers with exercises, questions & sharing. A 15 min break will occur after the 1st two speakers. The greeters will show where the washrooms & vending machines are located. Emcee asks 'Are there any announcements?' Then, can make our announcements (The Port, MAI Convention, Saturday NWCH 2:30 pm and Thursday ST. Giles 7:00 pm groups need support). Then, can STATE AVAILABLE FREE Downloads of Newcomers Pamphlet 'Where do I Start?' at oa.org. Can SUGGEST: 1. Going to SNI Website oachicagosni.org for meeting list and other valuable information and/or to write a story about their experience, strength and hope to 'spread the word'; 2. Ask audience to take notes and write questions for exercises and sharing; 3. Encourage Speakers/Audience to follow the TIMER(s) (?) 'gentle reminder' when Approximately 5 minutes remain to speak &/or to complete a 2-3 minute share.

EMCEE introduces READERS: (Lauryl B.) reads 'Our Invitation to You including the 12-Steps'; (Laural R.) reads the 12 Traditions; and (Maureen R.) reads the 'OA Speakers Statement'.

### EMCEE INTRODUCES SPEAKERS:

- 1:20 pm to 1:50 pm: (30 minutes total...10-15 minute speech with 15-20 minute exercise/questions/shares. Preston F. Steps 1-2-3.
- 1:50 pm to 2:20 pm: (30 minutes total...10-15 minute speech with 15-20 minute exercise/ questions/shares. Scott D. Steps 4-5-6.
  - 2:20 pm to 2:35 pm: BREAK. (15 minutes). (Maureen R.) requests participants to fill out EVALUATION and place at REGISTRATION Table at the end of the break or at the end of the Event on the way out.
- 2:35 pm to 3:05 pm: (30 minutes total...10-15 minute speech with 15-20 minute exercise/ questions/shares. Kathy J. Steps 7-8-9.
- 3:05 pm to 3:50 pm: (30 minutes total...10-15 minute speech with 15-20 minute exercise/ questions/shares. Karen M. Steps 10-11-12.
- -3:50 pm to 4:00 pm: (10 minutes). CLOSING: (?) Reads 'By following the 12-Steps, etc.'
  Emcee (Carolyn S) can make further announcements and/or read her choice of an OA Closing.
  -4:00 pm to 4:30 pm: Clean up, close up.

Respectfully, Maureen R. TSW Chair/Scheduler.