



Suburban North Intergroup

SNI Meeting Minutes for Saturday, February 1, 2025

Call to Order: The regular meeting of the Suburban North Intergroup (SNI) was held as a hybrid meeting at the Kingswood United Methodist Church, 401 W Dundee Rd, Buffalo Grove, IL. Susan M. opened the meeting at 10:01 am with a moment of silence followed by the Serenity Prayer.

Present were:

Board members:

- Vice Chair: Susan M. (also acting Chair, acting Recording Secretary, Region 5 Representative, and WSBC Delegate)
- Treasurer: Carolyn S. (also Region 5 Representative and WSBC Delegate)
- Corresponding Secretary: Maureen R. (also Keeper of the SNI Sponsorship List and the Zoom Committee Chair)

Representatives:

- Tuesday 7 pm Zoom: Paul A. (also TSW Chair and PIPO Chair)
- Wednesday 9:30 am Schaumburg: June L. (also Designated Downloader and Alternate WSBC Delegate)
- Thursday 12 pm Crystal Lake: Diane M. (also Alternate Region 5 Representative)
- Friday 7:30 pm Grayslake: Neal M.
- Saturday 8 am Zoom: Cathleen F.
- Saturday 11am Northbrook: Sue S.

Visitors:

- Lauryl B.

Opening Ceremonies:

- Neal M. read the 12 Steps, Cathleen F. read the 12 Traditions, Neal M. reflected on Tradition 2 (Trust), and Diane M. read the long version of the 2nd Concept of OA Service (Conscience).
- The Agenda was adopted as written.
- Maureen R. read the Standing Rules, which were adopted as written.

- The January 4, 2025 SNI Meeting Minutes were adopted as amended for typos.

Reports:

- Designated Downloader June L.
 - June's report was posted on our website (OACHicagoSNI.org, click on Downloader tab).
 - Items not on the posted report were announced and posted as part two of the Downloader Report on our website.
- Vice Chair Susan M.
 - Susan's report was sent in the pre-meeting e-blast and will be part of these minutes.
 - SNI is sending 3 Region 5 representatives to the March assembly: Susan M, Carolyn S., and Diane M.
- Treasurer Carolyn S.
 - Carolyn's reports have been posted on our website (OACHicagoSNI.org, click on Resources, then SNI Treasurer's Reports).
 - Carolyn will be creating a new document for the 2025 budget separate from previous years.
 - Susan M. will research the possibility of a different storage unit.
 - Carolyn is looking into the possibility of using the Stripe online payment platform for donations.
 - Carolyn, Susan, and Neal will be making an appointment at Bank of America to remove former Treasurer Neal M. from the account, confirm that Treasurer Carolyn S. is on the account, and add Vice Chair Susan M. to the account.
- Corresponding Secretary Maureen R.
 - The new meeting list has been posted.
 - Maureen's report will be emailed to the SNI e-blast list.

Business:

- Paul A. reported on submitting information about our event to be aired on the Vernon Hills public channel. He also coordinated the volunteers to serve at our Recovery Event after the SNI meeting.
- The Agenda Questionnaire was briefly discussed and will be sent again to the SNI eblast in a separate email. Each meeting is to consider what proposals they think are worthy of discussion at the World Service Business Conference and gather any comments to be passed on the World Service. We will the vote as an intergroup at our March 1st meeting.
- There are intergroups that, when representatives introduce themselves at the intergroup meeting, they share whether their meeting is growing, shrinking, or holding steady. Later we will discuss whether we want to adopt this practice.
- Cathleen F. and Diane M. volunteered to work on the raffle baskets for the Region 5 Convention.

- Susan M. announced that she has binders, dividers, page lifters, and some of the parts of the SNI Handbook that haven't changed in the last 6 years that are available for those representatives that do not have a physical SNI Handbook and would like one.

Closing:

The next SNI meeting is scheduled to be by **Zoom only on March 1, 2025**. We will be voting on the WSBC Agenda Questionnaire.

The meeting was closed with the OA Responsibility Pledge and the Third Step Prayer at 11:25 am.

Susan M
Acting Recording Secretary

February 2025 SNI Vice Chair Report

- During our January meeting, we couldn't figure out how to save the chat on Zoom. I found that the three dots we were looking for are now at the top of the chat box, instead of at the bottom. After clicking on the three dots, there is an option to save the chat.
- I continue to serve on Region 5 and WSBC committees and subcommittees.
 - It has been a joy to connect with Fellows from other intergroups/states through this service.
- I had written and sent out a bylaws motion to move our non-profit status out of the dissolution article, but am withdrawing it. What needs to be changed is more complex than I thought, as the non-profit status does affect dissolution. I plan to do more research and submit a more complete motion later.
- I found that a café that my husband and I frequent has a public bulletin board.
 - I posted our Feb 1 event flyer and plan to continue posting event flyers, OA posters, and other prospecting notices there.
 - Please be on the lookout for public bulletin boards! Let us know where you find them and/or post event flyers, OA posters, prospecting cards/stickers yourself.
 - Some suggestions for places to look: (Can you make other suggestions?)
 - Laundromats
 - Restaurants
 - Libraries (out of three libraries I contacted, one has a public bulletin board.)
 - Stores
 - Park districts
- I have sent emails to 6 student services/mental health departments of post high school institutes introducing Overeaters Anonymous using the letter that was approved by WSO. I will be happy to help anyone get started on this project, and I will also be researching more schools to contact.
- The All Illinois Unity Celebration (February 22, 1-2:30 pm) flyer has been posted on our website (OChicagoSNI.org, click on Events).
- I put discussion of the Agenda Questionnaire on the agenda hoping to be able to field any questions you or your groups have about the motions. This may include discussing what was presented at the January 26th Region 6 Intergroup Forum, which June attended. We will be voting on which motions should be discussed at WSBC this year on March 1st.
- I am excitedly anticipating seeing many of you and other fellows at our in-person Recovery Event at 12:30 pm after the SNI meeting Saturday.

Thank you for your service!

Susan M :-)