

May SNI Downloader Report

Please share the following OA news and upcoming events with your group:

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Region 5

+ Region 5 Convention 2026 Flutter Into Freedom September 4-6
Crowne Plaza Hotel at Indianapolis Airport Indianapolis, IN
<https://mci-oa.org/wp-content/uploads/2026/03/Convention-2026-Brochure-.pdf>
*Early Bird Registration; Scholarship Info/Form (until June 7)
<https://oaregion5.regfox.com/the-twelve-freedoms-of-oa-region-5-2026-convention>

Events

Saturday, May 2 Serenity Day: An Unshakable Foundation For Life (Baton Rouge)
1-4pmCDT
Zoom ID: 598 941 0028 Password: oabrig

Sunday, May 3 Emotional Recovery & Spiritual Transformation (OARise)
3-5:30pmCDT
Zoom ID: 947 2125 9974 Password: 810562

Tuesday, May 5 Joy Comes From Living In The Now; There Is Power In The Present Moment (VR)
7am-11pmCDT (Phone Marathon — Meeting every hour)
Phone: [712-432-5200](tel:712-432-5200) Conference ID: 4285115#

Saturday, May 9 Service Fair (MetroWest)
8-9amCDT
Zoom ID: 705 658 2426 Password: Email info@metrowestoa.org

Saturday, May 9 Crosstalk Workshop (Piedmont)
11am-NoonCDT
Zoom ID: 892 9279 4783 Password: Willing

Saturday, May 9 Together In Recovery Workshop (Reg 3)
1-2:30pmCDT
Zoom ID: 856 8482 3345 Password: together

Saturday, May 9 OA Jeopardy (San Gabriel Valley)
1-3pmCDT
Zoom ID: 604 572 7175 Password: 1960

Saturday, May 9 Step Five: Integrity (AD4L)
4:30-6pmCDT
Zoom ID: 200 540 624

Sunday, May 10 Humility, Not Humiliation (VR)
7am-11pmCDT (Phone Marathon — Meeting every hour)
Phone: 712-432-5200 Conference ID: 4285115#

Sunday, May 10 Mother's Day With OA (Pinellas Traditions)
11am-NoonCDT
Zoom ID: 959 959 1828 Password: 718863

Thursday, May 14 "Family Share" Workshop (OA Footsteps)
5-6pmCDT
Zoom ID: 817 388 5598 Password: 1212

Saturday, May 16 Committee Carnival (VR)
10am-1pmCDT
Zoom ID: 813 2949 0352 Password: 121212

Saturday, May 16 Spiritual Awakening (OA90)
Noon-2pmCDT
Zoom ID: 837 1100 7258 Password: 202690

Saturday, May 16 OA Taught Me To Handle Abstinence (Central Ontario)
1-2pmCDT
Zoom ID: 901 265 2959 Password: 575553

Sunday, May 17 Service Of The Soul (NY Metro)
11am-1pmCDT
Zoom ID: 896 1352 4663 Password: 063042

Sunday, May 17 There Is A Solution (San Francisco)
11:30am-1pmCDT
Zoom: oasf.org/events

Sunday, May 17 Speaker Meeting (OARise)
3-5:30pmCDT
Zoom ID: 947 2125 9974 Password: 810562

Sunday, May 17 Grief: One Day At A Time (Orange County)
4-6:30pmCDT
Zoom ID: 148 694 212 Password: Register at oaoci.org

Monday, May 25 Powerless Over Food, Not Powerless Over Footwork (VR)
7am-11pmCDT (Phone Marathon — Meeting every hour)
Phone: 712-432-5200 Conference ID: 4285115#

Monday, May 25 Remembering Our Powerlessness (Philadelphia Area)
8:30-10:30amCDT
Zoom ID: 859 3965 9369 Password: F3llowship

Saturday, May 30-Sunday, May 31 Virtual Region Assembly (VR)
9am-3:30pmCDT
Register by May 28: <https://oavirtualregion.org/registration-assembly-2026-1/>

Thanks & Blessings!

June L