

Call to order: The regular meeting of the Suburban North Intergroup (SNI) was by Zoom only on July 11, 2026. Susan M. opened the meeting at 10:00 am CT with a moment of silence followed by the Serenity Prayer.

Present were:

Board Members:

- Vice Chair: Susan M. (also acting Chair, acting Recording Secretary, Region 5 Representative, and WSBC Delegate)

Representatives:

- Tuesday 7 pm Zoom: Terrek G.
- Wednesday 9:30 am Schaumburg: June L. (also Designated Downloader and Alternate WSBC Delegate)
- Saturday 11 am Northbrook: Sarah J.

Other Service Positions:

- Maureen R. (Zoom Administrator)

Visitors: There were no visitors.

Opening Ceremonies:

- Terrek G. read the 12 Steps, June L. read the 12 Traditions, Sarah J. reflected on the 7th Tradition (Responsibility), and Maureen R. read the long version of the 7th Concept of OA Service (Balance).
- Susan M. declared a quorum was not present.
- June L. read the Standing Rules.
- Seventh Tradition Collection was announced.

Reports:

- **Designated Downloader:** June L.
 - June's report was sent out in the pre-meeting eblast and **posted on our website** (OACHicagoSNI.org, click on Downloader tab) on July 6.
 - **Highlights** and new information were sent out in the document "News from SNI".
- **Vice Chair:** Susan M.
 - Susan's Vice Chair report was sent in the pre-meeting eblast and will be part of these minutes.
- **Treasurer:** Carolyn S.
 - The May Year-to-Date **Budget Report** was posted to our website (OACHicagoSNI.org, Resources, SNI Year-to-Date.) on July 6 and included in the pre-meeting eblast.
 - It was noted that since we no longer have more than 20 groups, the 2026 Representatives Allowed to Region 5 should be changed to 2.
 - It might be helpful to separate out the Reps sent to Region 5 for Spring and Fall assemblies, since these may differ.
 - It would be good, then, to indicate that we sent 2 representatives to the Spring Region 5 assembly and 1 delegate to the WSBC this year.
 - The May **Monthly Financial Report** was emailed to the SNI Voting Members on July 6.

Business:

- At least 3 of the 4 Chicagoland intergroups in Illinois currently do not have full boards and are discussing the possibility of merging perhaps all 4 intergroups into one intergroup. An advantage to that would be to have more volunteers to fill positions and do committee work, thus better serving our meetings. Susan M. is in contact with the other 3 intergroups and will share any developments. This will affect everyone in the 4 intergroups, so we would like input from as many people as possible.
- Susan read information about SNI elections from our Bylaws and Policies (Bylaws Article VI, Section 3, and Article IV, Sections 3, 5, and 6. Policies Article II, Sections A-C). Article II, Sections D-K give the responsibilities and duties of each of the elected positions. You can find all this in your SNI Handbook. (Email susan.m.oa@gmail.com if you don't have a copy of the handbook.)
- Please ask your meetings what they would like SNI to do for them.
- We discussed several Public Information and Professional Outreach (PIPO) opportunities, including sending the letter to post-high school educational institutions, putting posters up in those institutions as well as on any public bulletin board, submitting events or articles to various media outlets, and sharing *The Courier* to medical professionals. There are many ways to spread the OA message. This is important work, as we need more/younger members to carry on the program.
- A question came up as to whether there was any research being done to track how many newcomers we have coming to our meeting. We can each keep track of our own meetings, but maybe there can be suggestions or an initiative made by Regions or World Service to do some research on a broader level.

Wrap up:

- **The next SNI meeting** is scheduled to be hybrid on August 1st, 10 am – noon CT with the in-person part at Buffalo Grove Youth Center, if enough people commit to meeting in person.
- The meeting was closed at noon with the Seventh Step Prayer and the Responsibility Pledge.

Susan M., Acting Recording Secretary

July 2026 SNI Vice Chair Report

- I sent an email to our eblast list June 13 with the following **updates**:
 - I was not appointed to fill the trustee vacancy. I have been encouraged to run again in 2027, which I intend to do.
 - The four Illinois Chicagoland intergroups are in the midst of a discussion to evaluate whether some or all of the four intergroups would be well served by merging into one larger intergroup. I hope to have more information by our July meeting so we can have an informed discussion.
- The World Service Office would like each meeting to read the **Annual Appeal Letter** at each of our meetings for one month. I have asked Shari to post it or a link to it on our website (OACHicagoSNI.org) home page.
- We currently have **19 registered meetings** and are eligible to send 2 representatives to Region 5 assemblies and 2 delegates to World Service Business Conferences.
 - Our Daily Check-in Meetings have been combined into one on Find a Meeting. On June 16th, I updated:
 - our meeting list and emailed it to our eblast list
 - confidential meeting service contact list and emailed it to our voting members
 - Of those 19 meetings, nine have SNI representatives, and the remaining 10 have liaisons who are on our eblast list and can pass information on to their membership.
- We have a **new face-to-face Men's Meditation meeting** starting July 16th. I sent an email to the SNI eblast list June 24th and have updated our meeting list, and will again when I receive this meeting's group number. Please share this information with your male OA fellows!
 - Once this meeting is registered, we will have 20 registered meetings, 10 of which have representatives.
- The OA **Unity with Diversity** Conference Subcommittee is asking all groups to consider reading the first paragraph of the Unity with Diversity Statement at their meetings. The Suggested Meeting Format refers to it, but doesn't include it. There is anecdotal evidence that newcomers who hear it feel welcome and stay. Here is the paragraph:
 - THE FELLOWSHIP of Overeaters Anonymous encourages and promotes acceptance and inclusivity. All are welcome to join OA and are not excluded because of race, creed, nationality, religion, gender identity, sexual orientation, or any other attribute. We welcome all who share our compulsion. Everyone with the desire to stop eating compulsively is welcome in Overeaters Anonymous.
- We are not expecting to have a quorum July 11th, therefore we will probably not adopt, approve, or vote on anything officially. However, **there is much for us to discuss** to further support our primary purpose. The more representatives and visitors who attend, the better!

Susan M., SNI Vice Chair